

A MONTHLY PUBLICATION OF THE CITY OF CUPERTINO

October 2018



Fall into October

Family-friendly events are now in season!

- See inside



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IN CUPERTINO
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THE SCENE HAS
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A HISTORY OF CUPERTINO'S INCORPORATION Page 8

PIZZA & POLITICS

A POLITICAL EVENT FOR TEENS BY TEENS



Pizza & Politics is a youth and teen event led by the youth & teen commissions of Cupertino, Saratoga, and Campbell. This event is open to the public.

Pizza is first come, first serve.







Questions? Call 408-777-3120 or email danielm@cupertino.org



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Back to Business

Cupertino businesses are making it easier to get into shape and stay healthy.

Run Wild

The annual Wildlife and Harvest Day is back with animals pumpling. and more.

Flood of Information Make sure you're covered if a flood ever occurs in your neighborhood.

Happy Birthday Cupertino became Santa Clara County's 13th city in October 1955. Learn how it happened.

Get in the Know ...The Cuperti-know, that is! What's going on around town? Find out.

Community Calendar The Cupertino community is offering a host of events for teens, families, and seniors.

Questions or comments about The Scene? Contact staff at scene@cupertino.org.



Get Fit and Explore the Outdoors with Local Businesses

New businesses have joined the Cupertino community to support our residents' healthy and active lifestyles.

Trail Head Cyclery is now open at 20301 Stevens Creek Boulevard in the former Kerley's location. They are a full-service bike shop with friendly, knowledgeable staff who love to ride hard and take chances! The team leader and shop owner is Lars Thomsen, a South Bay native. Lars and his team are passionate about cycling and the outdoors. Trail Head Cyclery not only has an extensive inventory of bikes for sale, but also offers rentals so you can try the latest and greatest. Stop by their impressive showroom or visit online at trailheadcyclery.com.



Yoga Wave Cupertino celebrated its grand opening and ribbon-cutting ceremony in August. Yoga Wave is located at 10805 N. Wolfe Road, Suite 104 in the Cupertino Village Shopping Center. Owner Robin McDonald began her yoga journey over 20

years ago to train for triathlons. It didn't take long for her to fall in love with it, and soon after began teaching it. She has always made yoga a part of her routine throughout her fitness journey. It has helped her both physically and mentally through challenges in her life. It has been her dream to share her love for yoga and overall fitness with people around her. Robin is excited to open her dream studio in Cupertino and invites you to join her in this incredible journey. Check out their different levels and scheduling at yogawayecupertino.com.

These two businesses complement a variety of existing fitness and wellness businesses, including:

Art of Living Center for Yoga & Meditation is located at 21040 Homestead Road. They offer special seasonal educational sessions to the community. Learn more at happiness 95014.org.

Bright Heart Yoga Studio is located at 10321 S. De Anza Boulevard. The mission of Bright Heart Yoga Studio is to motivate and support you in your growth so that you can live freely and joyfully. The studio offers group classes and private sessions. Learn more at brightheartyogastudio.com.

Cupertino Bike Shop is located at 10625 S. Foothill Boulevard. Whether you are just beginning to enter the world of cycling, or have been riding for years, the team at Cupertino Bike Shop is ready to assist you. They offer a wide selection of products and services to get you ready for the trail. Their team will assist you as you search for the perfect bike, making recommendations that meet your individual needs. Visit them at cupertinobikeshop.com.

<u>Cupertino Sports Center</u> is located at 21111 Stevens Creek Boulevard. The Cupertino Sports Center features 17 tennis courts, a fitness center with LifeFitness



Trail Head Cyclery

strength training and cardio equipment, LifeFitness and Hoist free weights, Precor AMT's, two racquetball courts, outdoor sports court, complete locker room, and child watch facilities. Expanded fitness and cardio class schedules change monthly so be sure to plan ahead. Learn more at cupertino.org/sportscenter.

East West Yoga is located at 20670 Stevens Creek Boulevard in the Cupertino Crossroads Shopping Center. Their goal is to create a space where every student feels a sense of welcome and peace as soon as they walk in the door. Owner and lead trainer, Amber East-D'Anna, offers a balanced schedule and a variety of classes, from vinyasa and Pilates to gentle, yin, and beyond – so that each student can find a class, regardless of experience. Visit them at east-west-yoga.com.

Evolution Bike Shop is located at 19685 Stevens Creek Boulevard. As one of the top bike shops in Silicon Valley, they offer the best products and services to meet your needs. Their enthusiastic and well-trained staff are available to assist you. They stand behind their products because they ride them too. Like you, their team wants bicycles, accessories, apparel and other gear they can rely upon when bicycling up a mountain or road. Check them out at evolutionbikeshop.com.

Orangetheory Fitness is located at 19409 Stevens Creek Boulevard, Suite 120 at Main Street Cupertino. Every workout at Orangetheory includes a unique combination of cardiovascular, power and strength

training to change your body at the cellular level, so you can live a longer, more vibrant life. Book a free class today at orangetheoryfitness.com.

The Ski Renter is located at 10675 S. De Anza Boulevard. For over 40 years, The Ski Renter has offered the best ski and snowboard rental inventory in Silicon Valley. They are now open year-round to rent camping and backpacking gear, including tents, backpacks, camping and backpacking stoves, coolers, lanterns, and more! Visit them online at theskirenters.com.

Yoga with Miki is located at 19940 E. Homestead Road. Miki teaches group classes, yoga and Pilates, as well as private yoga sessions for special therapeutic needs at her home studio. She specializes in Yoga for posture and back pain. Learn more at yogawithmiki.co.nf.

2B Fit Body Bootcamp is located at 22382 Homestead Road. 2B Fit is committed to helping change the way you feel about your body, diet, and health. Their trainers bring their knowledge base and coaching psychology skills to help clients achieve their goals. Not only do they customize workouts programs but counsel on diet and nutrition. They help clients understand the mind/body connection to be successful in reaching their goals. Visit them at 2bfitness.com.

Reignite your passion for health and fitness at whatever level you are. It's never too late to take those first steps toward your own fitness journey!

In Deep Water ***

California has been experiencing extreme weather patterns, with intense rain events in 2017 preceded by five years of drought. The upcoming rainy season could result in large storms, but any rain event has the potential to cause flooding to creeks, ditches, and even to neighborhood streets and homes.

As the rainy season begins, residents should make sure that they are prepared for possible flooding. Some areas in Cupertino, such as properties along Stevens Creek, are at increased risk for flooding.



The following tips will help to plan, prepare, and protect your family and home:

 Make a family emergency plan and a threeday emergency kit

Agree on a meeting spot and plan a safe route to higher ground. Prepare an emergency kit with tools and supplies, non-perishable food and water.

2 Download disaster and emergency apps

Download Santa Clara County's emergency preparedness apps "ReadySCC" and "AlertSCC" on your smartphone.

3 Know your flood risk

Visit FloodSmart.gov or call the Cupertino Public Works Department at 408-777-3354 to check whether your house is in a FEMA designated flood zone.

4 Do you need flood insurance?

If you live in a FEMA designated special flood hazard area, and have a federally insured mortgage, you are required to insure your property from flood hazards. For property owners who currently possess flood insurance, be sure to inventory and photograph your home's contents and put important papers and insurance policies in a safe place. Even if you don't live in an SFHA, you can get extra protection by purchasing flood insurance. To find a local agent, call (800) 427-4661.

5 Protect your home from flood threats

The Santa Clara Water District offers free filled sandbags. For additional details, visit valleywater. org/floodready.

6 Keep creeks clean and flowing

Healthy, flowing creeks reduce flood risks by carrying storm water away from homes. Report blockages and dumping in creeks to the Santa Clara County Water District at (408) 630-2378 or (888) 510-5151.

7 Avoid floodwaters

"Turn around, don't drown."

8 Build responsibly in floodplains

Construction within SFHA zones has special requirements. Physical alterations to buildings can be made to reduce risks and flood insurance premiums, such as elevating a structure. Contact the Cupertino Public Works Floodplain Manager at 408-777-3354 first to ensure compliance with special requirements.



The following services are provided by the City of Cupertino to help residents prepare for potential flooding:

- City Maintenance Yard located at 10555
 Mary Avenue offers loose sand and empty
 bags for self-filling. Be sure to bring a shovel,
 just in case.
- The Public Works Department possesses elevation certificates for many buildings located in the floodplain.
- Contact the Cupertino Building Department to get a permit before you build.
 Check out "What You Should Know Before You Hire a Contractor," which is available for download at cslb.ca.gov/About_Us/Library/Guides_And_Publications.
- City staff can assist with onsite flooding and drainage issues, and can provide you with practical drainage information. Call (408) 777-3354 to discuss your concerns.
- Other information on flood preparedness is available on the Cupertino website at cupertino.org/emergency, and on the Santa Clara Valley Water District Website at valleywater.org/floodready.

How we can work together to protect Cupertino from flooding

The City's storm drainage system is composed of street gutters, storm drain inlets, and pipes that connect the inlets to local creeks. This system drains street runoff into the creeks and channels on the valley floor.

Residents can assist the City and help protect immediate neighborhoods from localized flooding by sweeping gutters regularly, placing swept material in the garbage, and checking that nearby storm drain grates are not covered with leaves or litter. Residents should abide by street sweeping/no parking signs to allow the City to keep the gutters clean and the storm drain system flowing.

In the fall, before the rains start, City maintenance crews vacuum out City storm drain inlets, and check for any evidence of hazardous materials in the drains. This cleaning prevents any illegally dumped materials that may be sitting in the inlets from washing into our creeks with the first rains.

It is illegal to dump anything into a creek or a storm drain. Residents can report dumping incidents to the City by calling (408) 777-3269 during business hours or 911 after hours and on weekends.

Please notify the City if you observe excess debris and trash in streams and ditches at (408) 777-3354 or cupertino.org/environmental. Requests for service can be submitted at cupertino.org/cupertino311.

Once Upon a Time in Cupertino

From the Poignant Pen of Kavitha Aravindhan

ith the fate of Cupertino's future in their hands, hundreds of citizens lined up on September 27, 1955 to vote on an issue that would change their lives—incorporation, and granting cityhood to Cupertino. The journey to independent cityhood was an uphill battle, but one that many citizens believed was worth the fight. With taxes, schools, farmland, local culture, and the impending growth of nearby cities all on the line, Cupertino stood up for itself with the cast of a ballot.

The movement for incorporation started in 1954, spearheaded by two organizations, the Cupertino-Monta Vista Improvement Association and Fact Finding Committee. In July 1954, the Fact Finding Committee raised funds to hire experts from the Coro Foundation in San Francisco for advice on Cupertino's future. They highly recommended incorporation, and provided materials for getting incorporation petitions written and circulated.

The Cupertino-Monta Vista Improvement Association focused on education and gathering petition signatures. Notable member Norman J. Nathanson took the issue almost entirely into his own hands. He set up headquarters in the basement of the Cupertino Post Office and held public panels in the schoolhouses to educate residents on the issue.

But why did Nathanson and the Cupertino-Monta Vista Improvement Association find incorporation so necessary? For a wide array of reasons, ranging from taxes and land, to their own sense of Cupertinian pride. First, Nathanson, like many other residents, was a farmer. For farmers, a main concern was losing their farmland, primarily from other industries using the

land for manufacturing, and poor planning turning the area into a "shabby suburb," as Nathanson once said.

The population boom of the post-war 1940s caused seemingly instantaneous growth in Cupertino, and because of this, the need for a plan became urgent. Cupertinians had to find a way to plan for the future so that the citizens could participate in the system controlling the issues that directly affected them.

Arguably, the greatest concern for Cupertino citizens was the annexation of their territories. Neighboring cities like San Jose, Sunnyvale, and Los Altos were rapidly growing over a period of a few years, and Cupertino residents did not want to have their community split apart. "Those cities that want to annex [Cupertino] would like to take it piece by piece," Nathanson said. He argued that annexation would divide the community, which took pride in its agricultural achievements, its heritage, and the spirit of hard work.

The Improvement Association continued their work by gathering signatures for petitions. By the spring of 1955, they gathered the necessary signatures, and sent it to the County Board of Supervisors for approval to put the issue on the next ballot. The election took place with a 75% turnout of eligible voters, and Cupertino voted for incorporation 225 to 183, officially becoming the county's thirteenth city (recognized on October 10, 1955). Residents also appointed Cupertino's first city council, Ralph Lindenmeyer, Warner Wilson, John Saich, R. Ivan Meyerholz, and of course, Norman Nathanson himself. Nathanson, it turns out, barely won his seat, receiving just six votes more than his opponent.

GET IN THE CUPERTI-know

What's going on around town?

Recycle Right

Recycle right by keeping your recyclables empty, clean, and dry

Reducewaste.org



Hercity 2

Fall Bike Fest

Activities for families include a family bike ride, bike blender, booths and more

Saturday, October 27 9:30 a.m. to noon Cupertino City Hall

Hidden Treasures

Uncover hidden treasures and find gifts for family, friends, and yourself

Thursday, October 25 9:00 a.m. to 2:00 p.m. Cupertino Senior Center



Speaker Series

The Sustainability Commission will host an event on converting energy infrastructures and a carbon-free future

bit.ly/2MQXsWj

COMMUNITY CALENDAR

TEENS

All of the teen events below are held at the Cupertino Teen Center, 21111 Stevens Creek Blvd.

Sport Court Saturday

Every Saturday, 1:30 p.m. - 2:30 p.m. Come lace 'em up and shoot some hoops with your friends and the Teen Center staff during our free sport court hour! Make sure you bring your favorite pair of shoes and your A-game, we've got the court and the basketballs thanks to the Cupertino Sports Center.

(C)

Fluffernutter Day!

Monday October 8, 1:00 p.m..

Want to enjoy the unofficial state sandwich of Massachusetts? Come try a delicious fluffernutter at the Teen Center! It gets its name by containing a heaping amount of peanut butter and marshmallow creme. We'll even be adding in some Nutella!



Train Your Brain Day

Mon., Oct.13, 12:00 p.m. - 6:00 p.m. Think your brain can handle these teasers? Solve one of our Sudokus or brain teasers and win a free snack!



National Chocolate Cupcake Day

Thur. Oct. 18, 12:00 p.m. - 6:00 p.m. Who doesn't love chocolate? Grab a chocolate cupcake from the Teen Center to celebrate this delicious holiday!

(C)

Teen Center Haunted House

Sat., October 27, 3:00 p.m. - 6:00 p.m. Ghosts, skeletons, vampires, zombies, things that go bump in the night. Think you can survive the Teen Center Haunted House? Free to experience for teens in grades 6-12. We'll be waiting...

FAMILY-FRIENDLY

West Coast Farmers Market

Every Friday, 2:00 p.m. – 6:00 p.m. and Sunday 9:00 a.m. – 1:00 p.m. Oaks Shopping Center parking lot Stop by the West Coast Farmers Market every Friday and Sunday. For more information visit wcfma.org/cupertino.

Creekside Farmers Market

Every Friday, 9:00 a.m. – 1:00 p.m. Creekside Park, 10455 Miller Avenue Stop by the Creekside Farmers Market every Friday. For more information visit, pcfma.org/visit/markets.

(C)

Free Workshop Series: Lunch Hour Language Artists Hosted by the Cupertino Poet Laureate

Thursday, October 4, 18 12:00 p.m. Cupertino Library, 10800 Torre Avenue Join us in this four-part workshop series as we play with risk taking and recklessness in poetry. More details to come! No previous poetry or writing experience necessary! Attend one, some, or all of the meetings in the series.

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Public Safety Forum

Wed., Oct. 26, 7:00 p.m. - 9:00 p.m. Community Hall, 10350 Torre Avenue Topics will include crime trends, domestic violence, fire evacuations, and safety.

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Diwali Festival

Sat., October 13, 11:00 a.m. – 5:00 p.m. Memorial Park on Grass Behind the Quinlan Community Center, 10185 N. Stelling Road

This free event showcases multicultural music, dance, arts and crafts, fun, frolic, and food. The purpose of this festival is to get together and celebrate intercultural understanding that promotes economic prosperity.

(C)

Tournament of Bands Parade

Sat., October 13, 3:00 p.m. – 9:30 p.m. Stevens Creek Starting at Miller Avenue and Concluding on Finch Avenue Attend the Tournament of Bands and check out the awesome parade and competition of bands!

(C)

Sustainability Speaker Series: Electrification as a Solution to Climate Change

Thur., October 18, 6:30 p.m. – 8:00 p.m. Community Hall, 10350 Torre Avenue The City of Cupertino along with the Cupertino Sustainability Commission will be hosting the second speaker in its Sustainability Speaker Series.

Monster Mash

Fri., October 26, 7:00 p.m. – 9:00 p.m. Quinlan Community Center, 10185 N. Stelling Road

Monster Mash is a kid-friendly Halloween dance party for parents and children 10Y and under. Come dressed in your favorite costume and spend the evening dancing, playing games, and making spooky crafts. Don't miss this spooktacular event! Children must be accompanied by a parent.

CUPERTINO LIBRARY

For more information on library programs, visit the Events section of the Cupertino Library's website at sccl. org/cupertino.

CHILDREN'S PROGRAMS

Halloween Dance Party and Costume Parade

Saturday, October 27, 10:30 a.m.
Kids of all ages are invited to wear
a costume to the Cupertino Library
courtyard for our Halloween Dance
Party. Sing and dance along to spooky
tunes and storytime favorites. After the
party, join in our costume parade!

TEEN PROGRAMS Teen Poetry Slam

Wednesday, October 3, 7:00 p.m. Quinlan Community Center

Be part of this special event where local teen poets go onstage to drop their original work to the audience. Contestants need to bring at least two original poems, written or memorized, one for each of the two rounds in order to compete.

ADULT PROGRAMS

Lunch Hour Language Artists: Workshop Series 2: The Art of Recklessness

Thur., Oct. 4, 18, Nov. 1, 15, 12:00 p.m. Library Story Room

Join Cupertino Poet Laureate Kaecey McCormick in this FREE four-part workshop series as we play with risk taking and recklessness in poetry. No previous poetry or writing experience necessary! Attend one, some, or all of the meetings in the series.

SCORE: Simple Steps to Start Your **Business: Startup Basics**

Every Wed., Oct. 10 - Nov. 28, 7:00 p.m. Library Story Room

Designed by successful entrepreneurs who've been in your busy shoes, this mentor-supported program gives you the structure and support you need to set your sights on the future. Sign up for any or all sessions online at sccl.org.

Used Book Sale

Sat., October 13, 9:00 a.m. – 3:00 p.m. Sun., October 14, 12:00 p.m. – 3:00 p.m. Cupertino Community Hall

Do something nice for yourself and something great for the library! Come to the Friends of the Cupertino Library's Used Book Sale to browse gently read titles, including fiction, non-fiction and children's books.

SENIOR CENTER

For more info on the Senior Center, or to sign up for classes or events, visit cupertino.org/senior or stop by 21251 Stevens Creek Boulevard.

EVENTS & SOCIALS

Glitches on the Road of Life

Monday, October 1, 1 - 2:30 p.m. Join Vivian Silva, MSW in an informative discussion on how to identify strengths and manage life's surprises. Members free, senior guests pay \$5 day pass. Sign up at the lobby table.

Age of Love Film Showing

Wed., October 3, 2:30 p.m. – 5:00 p.m. Follow in this documentary the comic and poignant adventure of 30 seniors who attend a first-of-its-kind Speed Dating event, and discover how the search for love changes—or doesn't change from first love to the far reaches of life. Members free, senior guests pay \$5 day pass. Sign up at the lobby table.

Animal Adventures Trip

Tues., October 16, 8:30 a.m.-5:30 p.m. Tour the Animal Rescue Foundation and enjoy a "VIPeek" at the Lindsay Wildlife Center. Member fee \$109 lunch included.

League of Women Voters

Wed., Oct. 17, 10:00 a.m.-11:30 a.m. Learn about the pros and cons : Level 1: 8:30 a.m. - 9:25 a.m.

of propositions appearing on the California Ballot in a non-partisan, educational format. Member free, senior guests pay \$5 day pass.

Medicare 2019 Presentation

Thur., Oct. 18, 10:30 a.m.-12:00 p.m. New to Medicare and want to know more? Come learn about the latest updates, Part D plans for 2019, and a general overview of Medicare. Open enrollment for Medicare Part D is from October 15-December 7. Open to the public. Sign up at the lobby table.

Day Trip Expo and Social

Monday, October 29, 1:30 p.m. Learn about new and upcoming day trips! Free for members, senior guests pay \$5 day pass.

Monthly Movie

Wed., October 31, 1:30 p.m. - 3:30 p.m. Coco (2017)- Despite his family's generations-old ban on music, young Miguel dreams of becoming an accomplished musician like his idol. Desperate to prove his talent, Miguel finds himself in the stunningly colorful Land of the Dead. Popcorn and lemonade will be served. Members free, senior guests pay \$5 day pass.

CLASSES & PRESENTATIONS iPhone & Android Workshops

Tue., 9:30 a.m.-11:30 a.m. Oct. 2 – iPhone and Oct. 16 - Android Bring your fully charged device and learn tips and tricks for your Android or iPhone! Pre-registration required. Members free, senior guests pay \$5 day pass. Sign up at the front desk.

Standard & Poor's NetAdvantage

Wed., Oct. 3, 10:00 a.m. – 11:00 a.m. Come learn about how you can access detailed current investment information from Standard & Poor's most popular publications such as Industry Surveys (U.S. and global), Stock Reports, Mutual Fund Reports, Bond Reports and more! Pre-registration and Santa Clara County Library card required. Members free, senior guests pay \$5 day pass. Sign up at the front desk.

Tai Chi for 50+

Level II: 9:35 a.m. - 10:30 a.m. Thursday, October 4-December 20

Come try this art of moving meditation in a relaxed and supportive environment, while learning about its health benefits on various levels. Member fee \$40.

Nutrition Made Easy: Flavors of Fall Cooking Workshop

Mon., Oct. 8, 10:00 a.m. – 12:00 p.m. Enjoy apples, pumpkin, and other fall flavors while learning how to make 3 simple, delicious, and healthy treats that everyone will enjoy! All diets/preferences can be accommodated with Instructor Jen Oh. Member fee \$40.

AARP 8-Hour Smart Driving Course

Mon., Oct. 15, Wed., October 17 9:30 a.m. - 1:30 p.m.

A full 8-hour class, split into two 4-hour sessions. For more information and to register, call Ina Checkman at 408.257.6940.

Nutrition Made Easy: Managing Sodium Discussion Workshop

Fri., October 19, 1:30 p.m. - 3:30 p.m. Too much or too little sodium can have major effects on your health. Join us for an informative discussion with Instructor Jen Oh on easy ways to getting the right amount of sodium for you. Member fee \$25.

SOCIAL SERVICES **Blood Pressure Check**

Tue., Oct. 2, 16, 30, 12:15 p.m. -1:15 p.m. Mon. Oct. 8, 22, 1:30 p.m. - 2:30 p.m. Free blood pressure checks by volunteer nurse.

Senior Adult Legal Aid (SALA)

Fri., Oct., 5, 12, 19, 10:30 a.m.-12:30 p.m. Provides free assistance to elders for basic legal matters in public benefits, long-term care, elder abuse, housing, consumer issues, incapacity planning, probate alternative, and simple wills. Must be 60 or older and live in Santa Clara County. Please call 408.777.3150 to make an appointment.

Health Insurance Counseling (HICAP)

Mon., Oct., 8, 22, 1:00 p.m. – 3:00 p.m. Consultation on Medicare and health insurance. Please call 408.777.3150 to make an appointment.



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