



PLUS

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August 6, 2019

AMERICA'S NIGHT OUT AGAINST CRIME



National Night Out is designed to:

- Generate participation in the Neighborhood Watch program
- Strengthen and promote spirit within neighborhoods
- Heighten crime & Drug prevention awareness
- Send a message to criminals that neighborhoods are organized and fighting back!

Neighborhoods can participate in National Night Out by organizing:

- Potlucks
- Coffee, tea, and dessert exchanges
- Ice cream socials
- Scavenger hunt
- Book swap

Register Your Neighborhood

The **FIRST 30** neighborhoods that register at **www.cupertino.org/neighborhoodwatch** will receive a \$20 gift card for Target to use at their National Night Out event and a NNO party box that will include directions and supplies for a NNO neighborhood scavenger hunt. Registration begins Tuesday, June 25, 2019 and ends on Tuesday, July 30, 2019. For more information on the scavenger hunt and to register your neighborhood for



National Night Out visit www.cupertino.org/nno



Are You an Artist, Musician, Writer, Actor, Photographer or Dancer?

Do you live, work or attend school in the City of Cupertino? If so, the Cupertino Fine Arts Commission invites you to submit your portfolio.

Every year the City chooses a Distinguished Artist and an Emerging Artist. One of them could be you!



It's easy to apply <



Application forms and a detailed description of the contests are available at: **cupertino.org/distinguishedartist**

CUPERTINO

Submit your entry **before 4:30 p.m. Friday, July 12, 2019**Questions? Send an email to finearts@cupertino.org

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NSIDE

🛕 | Fitness, Flora, & Fun

July is National Park and Recreation Month! Learn about all the hidden benefits of parks and recreation programs.

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Get in the Know

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Community Calendar

Mark your calendars! Find out what's going on in Cupertino this July & August.

Questions or comments about The Scene? Contact staff at scene@cupertino.org.

Home & Garden:

Drought-tolerant Plants Never Looked So Good



Summer is here. And that means lots of sun, and much less rain. Even with all of the rain the Bay Area received this year, water conservation is still as important as ever. Switching out your lawn for an array of drought-tolerant plants that thrive off very little water is one of the best ways you can help conserve water around your home and lower your bills.

The City of Cupertino has created its very own drought-tolerant garden around City Hall to highlight the variety of options available.



Take a walk around the garden and see first-hand how beautiful a water-wise garden can be. Read about the importance of natives, perennials, and pollinators, and learn the names of the plants we have growing in our garden.

While you are walking around you can take out your smart phone, visit <u>cupertino.org/demogarden</u>, and follow along with the interactive map. Learn about how to care for each plant, discover how tall they may grow, see pictures, and more!

Saving water doesn't have to mean looking at something dull and brown all year long. By choosing plants that thrive off less water, you can have a vibrant, green, colorful garden all year long!



Hot Line: Tips to Keep Cool this Summer

he summer season means more fun in the sun, but as the weather gets warmer, be sure to take precautions for you and your family's safety. Stay cool this summer, and beat the heat! Follow these tips from the Santa Clara County Fire and Public Health Departments, and the ASPCA.



Barbecues and Grills

Make sure grills are at least 10 feet from your house. Only use an approved starter fluid when lighting, never gasoline, and never add fuel after the fire has been started. Dispose of hot coals only after they have completely cooled. Keep matches and lighters in a safe place, away from children.



Protecting Yourself from Heat-Related Illness

Avoid the heat—stay indoors in air conditioned buildings, or rest in shady areas. Wear lightweight clothes, sunglasses or a wide-brimmed hat, and sunscreen. Limit your physical activity, cool off by taking a bath or shower, and make sure to keep drinking plenty of water.



Pets

Some symptoms of overheating in pets includes excessive panting or difficulty breathing, increased heart rate, drooling, mild weakness, stupor, or even collapse. Be aware of pets with flat faces, as they are more susceptible to overheating. Make sure pets have a shady place to rest, don't over-exercise them, and give them plenty of fresh, clean water. Don't let pets linger on hot asphalt during walks, and keep them indoors in extreme heat.



Automobiles

Always check the back seat when leaving your vehicle, and never leave children or pets unattended. Be aware of the metal in your vehicle that may have been exposed to the sun to avoid burns. If your vehicle overheats, do not remove the radiator cap until you are sure the engine has cooled down, and use a rag when removing the cap. Keep tools and other emergency equipment in your vehicle, including a fire extinguisher.

Stay up-to-date on heat-related alerts and other important information by signing up for AlertSCC at <u>alertscc.com</u>. AlertSCC is a free, easy, and confidential way for anyone who lives or works in Santa Clara County to get emergency warnings sent directly to their cell phone, mobile device, email, or landline.

Fitness, Flora & Fun:

The Many Benefits of Parks and Recreation



July is National Park and Recreation Month, a time to acknowledge and commemorate the innumerable ways that parks, open spaces, recreation facilities, programs, and events benefit the community every day. Cupertino's Parks & Recreation Department has endless opportunities for summer fun and wellness. The Department has been developing programs since 1962, and has evolved with three main areas of focus: Health and Wellness, Conservation, and Social Equity.

Recreation and physical exercise have countless health and wellness benefits. It contributes to reducing blood pressure, increasing HDL or "good" cholesterol, and strengthening the immune system. Spending time outdoors also promotes positive mental health, and can reduce stress and depression, improve self-esteem, and even increase focus and boost academic performance.

Conservation, environmental protection, and sustainability are some of the Parks & Recreation Department's primary responsibilities. The Department is committed to protecting and setting aside open spaces for parks natural environments. As a result, the community gets to enjoy the beauty of natural open spaces, and engage with plants and wildlife.





Regular access to parks, trails, and open spaces can provide greater personal and spiritual growth, and increase quality of life. Cupertino is dedicated to ensuring all community members have access to open spaces and recreation services. Recreation provides everyone, regardless of age or condition, a healthier and happier life. Indeed, the term "Recreation" can be defined as to "Re" "Create" oneself. Parks, trails, and natural areas make our lives more fulfilling, more interesting, and when we engage with the outdoors, we live longer!

Whether you're strolling down a sunny trail, playing with your family on the playground, enjoying the nature and wildlife in open spaces, or getting involved with your community through recreation programs, you can find countless ways to celebrate National Park and Recreation Month this July.

For a list of activities and events this July and the rest of summer, visit <u>cupertino.org/events</u>.







Free Can't Miss Events Close to Home





he weather is getting warmer, and that means it's time for summer fun! With summer comes events and the City of Cupertino Parks and Recreation Department offers a wide variety of events throughout the city. These are some of the events you won't want to miss!

Concert - The Cocktail Monkeys

Memorial Park Amphetheater July 11, 6:30 p.m. – 8 p.m.

Rock and Roll, Motown, Pop and Disco, the Cocktail Monkeys guarantee to entertain everyone in the audience!

Toddler Movie Night - The Peanuts Movie

Quinlan Community Center July 19, 6 p.m.

Snoopy embarks upon his greatest mission as he and his team take to the skies!

G / 93 min. / 2015

20th Century Fox Film Corp

Shakespeare in the Park - As You Like It

Memorial Park

July 20-21, 25-28, Aug 1-2, 3-4, 7 p.m.

As You Like It follows its heroine Rosalind as she flees persecution in her uncle's court, accompanied by her cousin Celia to find safety and, eventually, love, in the Forest of Arden.

Movie in the Park - Incredibles 2

Memorial Park Amphitheater

August 9, 8:15 p.m.

Mr. Incredible is left home with the kids when Elastigirl becomes the new face of superheroes.

PG / 118 min. / 2018

Walt Disney Pictures

Movie in the Park – Mary Poppins Returns

Memorial Park Amphitheater

August 16, 8:15 p.m.

Marry Poppins returns during Michael's most desperate hour to lend him a helping hand.

PG / 130 min. / 2018

Walt Disney Pictures

Movie in the Park - Spider-Man: Into the Spider-Verse

Memorial Park Amphitheater

August 23, 8:15 p.m.

Spider-Man meets many different versions of himself when a gateway into the multiverse opens up.

PG / 117 min. / 2018

Columbia Pictures Industries Inc.

For more information regarding events happening near you this summer, visit <u>cupertino.org/events</u> or contact the Parks and Recreation Department at 408-777-3120.

GET IN THE CUPERTI-know

What's going on around town?

4th of July Celebration

Don't miss the annual Independence Day Celebration!

For more information about Independence Day Celebration activities visit <u>cupertino.org/4thofjuly</u>





Environmental Recycling & Shredding Event

Clean out the clutter, and bring all your recyclable waste to this quarterly event.

Aug.17, 9:00 a.m. - 1:00 p.m. De Anza College Parking Lot "A"

Visit <u>recology.com/cupertino</u> or <u>cupertino.org/environmental</u>



Free can't miss events close to home!

View a list of all events this summer at <u>cupertino.org/events</u>





Emergency Preparedness Workshop

Does your family have an emergency plan?

July 17, 6:00 p.m. - 9:00 p.m. Cupertino City Hall

RSVP to Ken E at kennethe@cupertino.org or call 408-777-3176

COMMUNITY CALENDAR

TEENS

Sport Court Saturday

Every Saturday, 1:30 p.m. - 2:30 p.m. Cupertino Teen Center, 21111 Stevens Creek Blvd.

Come lace 'em up and shoot some hoops with your friends at the Teen Center during our free sport court hour! Make sure you bring your favorite pair of shoes and your A-game, we've got the court and the basketballs thanks to the Cupertino Sports Center.

National Video Game Day

Monday, July 8, 12:00 p.m. - 6:00 p.m. Cupertino Teen Center, 21111 Stevens Creek Blvd.

Dust off that old Nintendo and haul your prized collection of games out of the closet. National Video Game Day happens on July 8! Come to the Teen Center with video game apparel and memorabilia for a free snack and an afternoon of gaming.

S'mores Day

Friday, August 9, 12:00 p.m. – 6:00 p.m. Cupertino Teen Center, 21111 Stevens Creek Blvd.

How many different ways can you make a s'more? Come celebrate National S'mores Day with some free gooey chocolatey goodness!

Super Smash Bros. Tournament

Friday, August 30, 1:00 p.m. – 5:00 p.m. Teen Center, 21111 Stevens Creek Blvd. Let's see your best Smash skills in a single-elimination tournament! Winner gets an awesome prize.

FAMILY-FRIENDLY

West Coast Farmers Market

Every Sunday, 9:00 a.m. - 1:00 p.m. Oaks Shopping Center Stop by the West Coast Farmers Market every Sunday in the Oaks Shopping Center parking lot. For more information visit www.wcfma.org.

Creekside Farmers Market

Every Friday, 8:30 a.m. - 1:00 p.m. Creekside Park, 10455 Miller Avenue Stop by the Creekside Farmers Market every Friday at Creekside Park in Cupertino. For more information visit, www.pcfma.org.



4th of July Celebration

Thursday, July 4, 7:30 a.m. - 12:00 p.m. Memorial Park, 21121 Stevens Creek

Start the day off with a pancake breakfast and finish the night with a rain of fireworks during our annual Independence Day Celebration! For more information about Independence Day Celebration activities, visit cupertino. org/4thofjuly or call 408-777-3120.

Toddler Movie Night: The Peanuts Movie

Friday, July 19, 5:30 p.m. – 7:45 p.m. Quinlan Community Center, 10185 N. Stelling Road

Toddler Movie Night is an opportunity for parents and young children to get out of the house and enjoy a family friendly movie. Prior to the movie, there will be craft and games set up.

CTFC Health Fair

Saturday, July 20, 1:00 p.m. – 5:00 p.m.

Quinlan Community Center, 10185 N. Stelling Road

The Cupertino-Taichung Friendship City committee will invite Western and Chinese medical doctors to provide free General Medical Education Services. Free CPR demonstration, blood pressure measurement, and meridian detection.

Shakespeare in the Park: "As You Like It"

July 20, 21, 25, 26, 27, 28, Aug. 1, 2, 3, 4, 7:00 p.m.

Memorial Park Amphitheater, 21121 Stevens Creek Blvd.

"All the world's a stage" as Rosalind, Orlando, Celia, and Touchstone leave the luxuries of the court for the Forest of Arden in Shakespeare's comedy of love, loss, and redemption. This musical production asks what it means to go "into the woods" in today's world.

Movie in the Park

August 9, 16, 23, 8:15 p.m. – 10:15 p.m. Memorial Park Amphitheater, 21121 Stevens Creek Blvd.

Catching a movie in the park on our giant screen is the perfect chance to enjoy a fun FREE night out with family and friends. Come early, bring a blanket and a picnic, and get a good seat.

Kids Fun Festival

Sat., August 10, 10:00 a.m. – 5:00 p.m. Memorial Park, 21121 Stevens Creek

Kids Fun Festival is a multi-cultural celebration dedicated exclusively to children of all ages and backgrounds with activities, games, performances, and international delicacies. Come experience and appreciate the ethnic heritages of different cultures and enjoy another memorable year of our Kids Fun Festival!

Home Composting Workshop

Monday, August 24, 10:00 a.m. - 12:00 p.m. McClellan Ranch Preserve, 22221 McClellan Road

Learn how to build a compost pile and worm bin and transform food scraps and yard waste into nutrient-rich compost for your garden! Register in advance at <u>ucanr.edu/compost</u>.

Silicon Valley Fall Festival

Sat., Sept.14, 10:00 a.m. – 5:00 p.m. Memorial Park, 21121 Stevens Creek Blvd.

This annual, multicultural community festival is a family-oriented event full of games, education, music, entertainment, and food for all. There is no entrance fee, and parking is free at De Anza College.

© COMMUNITY CALENDAR

CUPERTINO LIBRARY

For more information on library programs, visit the Events section of the Cupertino Library's website at sccl.org/cupertino.

CHILDREN'S PROGRAMS Summer Reading 2019

Monday, July 1 – Wednesday, July 31 Cupertino Library Children's Room Children from birth to age 12 are encouraged to sign up for our Summer Reading program! Read books, have fun and win prizes. Sign up online at sccl.beanstack.org.



It's Showtime at the Library

Wed., July 10, 11:00 a.m. – 6:00 p.m. Cupertino Library Story Room

We're having a movie marathon at the Cupertino Library! We'll be showing movies starting from 11:00 a.m. and ending at 6:00 p.m. in the Cupertino Library Story Room. Children only please.



Game Day

Thursday, July 25 & August 22, 4:00 p.m. – 5:00 p.m.
Cupertino Library Story Room
Join the Library for a fun-filled hour of new and classic board and card games. Relax, play, meet new friends, and learn new games. For grades 1-8.

Halau Na Wai Ola Dancers

Attendance limited to first 20.

Wed., July 31, 3:00 p.m. – 4:00 p.m.
Cupertino Community Hall
School age children are invited to a
performance from the Hala Na Wai
Ola Dancers.

TEEN PROGRAMS

Digital Photography Workshop for Teens

Sat., August 10, 2:00 p.m. – 4:00 p.m. Cupertino Library Story Room
Students in grades 7-12 can join professional photographer Bob Ray in this workshop to learn how to take better photos and how to edit them to make them stand out. Online registration is required at sccl.org.

ADULT PROGRAMS

Mandarin Movie Series: Balzac and the Little Chinese Seamstress

Monday, July 1, 6:30 pm Cupertino Library Story Room

Join the Library for a film and discussion on this acclaimed film b ased on the best-selling novel set during China's Cultural Revolution. Screened and discussed in Mandarin.

Courtyard Concert Series: Dave Rocha Jazz Trio

Saturday, July 6, 12:00 p.m. – 1:00 p.m. Cupertino Library Courtyard

Join the Library in our library courtyard to listen to the Dave Rocha Jazz Trio for an hour of lively music, including jazz standards, pop tunes, and original compositions.

Appraising Antiques

Saturday, August 3, 1:00 p.m. Cupertino Library Story Room What do we have – vintage goodies or just old stuff? We all have treasures around our homes. Come learn about antique appraisal, and bring a small antique object to share its story and learn its value.

SENIOR CENTER

For more info on the Senior Center, or to sign up for classes or events, visit <u>cupertino.org/senior</u> or stop by 21251 Stevens Creek Boulevard.

EVENTS & SOCIALS Jazz Concert with Miki

Sat., July 13, 11:30 a.m. – 12:30 p.m. Local and multilingual vocalist, Miki Melton is back for another jazzy afternoon! Enjoy with friends on Saturday as she is accompanied by multi-Grammy-nominated pianist, Murray Low. Open to the public. Sign up online or at the front desk.

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The Better Part Presents: "Longevity and Happiness"

Mon., July 15, 11:00 a.m. – 12:00 p.m. Join Producer Susan Man as she presents this TV program on how you can stay happy as you grow older. Amy Yotopulos, from the Stanford Longevity Center, will explain research linking longevity to happiness. Open to the public. Sign up online or at the lobby table.

Afternoon Board Game Bonanza!

Wednesday, July 17,

2:00 p.m. – 5:00 p.m.

Enjoy an afternoon playing board games with friends and local youth from Homestead High Schools Tabletop Club. Grandchildren are welcome to join in on the fun! Preregistration required. Members free, senior guests pay \$5 day pass. Sign up online or at the front desk.

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The Benefits of Good Nutrition

Wednesday, July 24, 10:00 a.m. – 11:00 a.m.

As we grow older, our eating habits much change to adapt to our new

lifestyle. Come learn some new habits to cook healthier and learn about the benefits of healthy eating presented by Breathe California. Members free, senior guests pay \$5 day pass. Sign up online or at the lobby table.

Friday Fun Lunch

Friday, August 2, 12:00 p.m.

Enjoy a relaxing lunch before joining in on many of our fun Friday afternoon activities such as Bingo, Ping Pong, Book Review, and more! Menu includes chicken flatbread, crisp salad, and dessert. Preregistration required. Vegetarian option available when registering. Members \$10, senior guests add \$5 day pass. Sign up online or at the front desk.

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The Monterey Scottish Games & Celtic Festival Trip

Wednesday, August 3, 11:00 a.m. – 7:30 p.m.

Whet your appetite with a delectable lunch at the Claddagh Irish Restaurant before immersing yourself in the festivities of the Scottish Games and Celtic Festival. Members \$118 – lunch included.

CLASSES & PRESENTATIONS Nutrition Made Easy: Mood Food

Friday, July 12, 1:30 p.m. – 3:30 p.m.

Did you know what we eat can affect how we feel? Join the Senior Center in a lively discussion led by Instructor Jen Oh on foods that help combat blues and help us feel invigorated and active! Member fee \$25.

©

Nutrition Made Easy: More Instant Pot Meals Cooking Workshop

Monday, July 15, 10:00 a.m. – 12 p.m.

Back by popular demand, create three different easy, healthy, and delicious meals that take minimal time and energy in the kitchen with Instructor Jen Oh! All diets and food preferences welcomed, and everything you make you get to take home to enjoy later! Member fee \$40.

iPad/iPhone in Mandarin

Wednesday, July 31 – August 21, 1:00 p.m. – 11:00 a.m.

Become more familiar with your iPhone/iPad and learn the basics including Settings, Control center, downloading Applications, and more! Members must bring their fully charged iPad/iPhone. Preregistration required. Members free, senior guests pay \$5 day pass. Sign up online or at the front desk.



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