

50+ THE SCENE

Summer 2024
June to August

DISCO at DUSK

Friday, June 21
Community Hall
6:30 to 8:30 p.m.



CUPERTINO

MEMBERSHIP INFO

Membership includes access to Adult 50+ programs, services, classes, and socials.

\$25 for Cupertino Residents
\$30 for Non Cupertino Residents

It's easy to become an Adult 50+ member:

- Be at least 50 years or better
- Register for membership (available at the Senior Center or online)

VISITOR PASS

Thinking about becoming a member? Adults 50+ are welcome to spend the day as a guest with a \$5 Visitor Pass. Guests may sign up for any social or lecture for the day, if space is available, and will receive a temporary parking permit for that day.

GIFT CARDS

Looking for a gift that encourages having fun and staying active for a friend or family member ages 50 and better? The Cupertino Senior Center offers gift cards redeemable towards membership, classes, and more. Gift cards make great gifts and are available for purchase at the Cupertino Senior Center front desk.

STAY ACTIVE PROGRAM

The Stay Active Fund helps adults 50 years and older to remain active and engaged by participating in activities at the Cupertino Senior Center. This fund provides financial assistance through scholarships to offset the cost for Senior Center membership and registrations for classes and events. The Stay Active Fund is available from January 1 until the funds are depleted. Please contact the Senior Center front desk for more details.

SENIOR ADVISORY COUNCIL

Interested in contributing to expanding opportunities for seniors in our community? What programs and activities would you like to have? How can the contributions of seniors be more visible? Join leaders of social activities and volunteer groups at an upcoming meeting.

Next Meeting is:
Thursday, July 18 at 2pm

Bingo (Hosted by the Senior Advisory Council)
 Friday, 12:30 to 3:30 p.m.

Join the Senior Advisory Council for an afternoon of bingo. Bingo cards cost \$6 to \$10.
**Sales end at 12:55 p.m. and play begins at 1 p.m.*

ANNOUNCEMENTS

Cupertino Senior Center will be closed on:

Wednesday, June 19 (Juneteenth)

Thursday, July 4 (Fourth of July)

Monday, July 22 to Friday, July 26
 (Closed for Maintenance)

July/August Class and Activity Registration
 opens on **Monday, June 24**

September/October Class and Activity
 Registration opens on **Monday, August 26**

CUPERTINO SENIOR CENTER



Monday to Friday
 8 a.m. to 5 p.m.



21251 Stevens Creek Boulevard
 Cupertino, CA 95014

SOCIALS

Register online by clicking the descriptions, call (408) 777-3150, or register in-person at the Cupertino Senior Center 8 a.m. to 5 p.m. Monday through Friday.

MONDAY

50+ Golf

Monday, 10 a.m.

Blackberry Farm Golf Course

Start the week off right with a round of golf at the 9-hole Blackberry Farm Golf Course.

Rummikub

Monday, noon to 4 p.m.

Some board games available for play. Members are welcome to bring their own board games to play with other members.

Ballroom Dance Social

First and Third Mondays, 2:30 to 4:30 p.m.

Drop in for fun and dancing. Room capacity is limited to 30 people.

NEW! Indoor Pickleball

Second and Fourth Mondays,
May 13 to August 26, 2:30 to 4:30 p.m.

Reserve an indoor pickleball court and come play with a friend! Doubles play only unless timeslot is not filled. Maximum of reserving two timeslots per month per person. Reservation must be done per person and not by group. Must bring your own paddles and balls. Senior Center membership is required.

TUESDAY

Ping Pong

Tuesday, 8:30 to 11:30 a.m.

Two ping pong tables are available for play in a non-competitive environment for all levels. First come, first served. Limited to 25 players for safety.

NEW! Coloring and Crosswords

Tuesday, 1 to 4 p.m.

Relax or stimulate your mind with an afternoon of coloring or crossword puzzles.

50+ Tennis

Tuesday, 9 a.m.

Memorial Park Tennis Courts 5 and 6

Drop in to play and exercise while being social and meeting other Cupertino Senior Center members.

WEDNESDAY

50+ Bocce Ball

Wednesday, March 6 to November 27,
9 a.m.

Blackberry Farm

Enjoy the outdoors at Blackberry Farm alongside the Stevens Creek Trail while teaming up with fellow members playing bocce ball. First time players welcome, instructions are available.

THURSDAY

50+ Softball

Thursday, March 28 to December 12
9 a.m.

Memorial Park is home of the Cupertino Sandlot softball group who warm-up and take batting practice beginning at 9 a.m. A pick-up game starts promptly at 10 a.m. each week. Fee is \$60 for the season. Senior Center membership is required.

Let's Talk Technology

Thursday, 10 to 11 a.m.

Have general technology questions about your device or application? Come join this technology group discussion to have them answered while learning from other people's questions. Discussion is geared towards the interest of those who attend each session.

SOCIALS

Conversations

Thursday, 10:30 a.m. to noon

Join in stimulating conversation of various topics and current events.

Open Card Playing and Bridge

Thursday, noon to 4 p.m.

Form your own groups or meet others to play.

Karaoke Weekly Social

Thursday, 1 to 4:30 p.m.

Join this group every Thursday for fun, singing, and dancing.

FRIDAY

Mah Jongg

Friday, noon to 4 p.m.

Different styles are available or bring your own.

50+ Tennis

Friday, 9 a.m.

Memorial Park Tennis Courts 5 and 6

Drop in to play and exercise while being social and meeting other Cupertino Senior Center members.

Ping Pong

Friday, 1 to 4:30 p.m.

Two ping pong tables are available for play in a non-competitive environment for all levels. First come, first served. Limited to 25 player.

EVENTS

Register online by clicking the descriptions, call (408) 777-3150, or register in-person at the Cupertino Senior Center 8 a.m. to 5 p.m. Monday through Friday.

Lunch with Friends

Last Wednesday of the Month
11:45 a.m.

Take a break from preparing a meal. Join Lunch with Friends and enjoy good food with good company. Member fee is \$10, non-member is \$15.

May 29

Tacos

July 31

Meatloaf

August 28

Sloppy Joes

Live Well Age Well Health Expo

Friday, May 10
10 a.m. to 1:30 p.m.

Join the Cupertino Senior Center for its annual Live Well Age Well Health Expo. Learn about resources for community members ages 50 and older through informational presentation, booths, and activity demonstrations. First 50 attendees will receive a free lunch. Healthy boxed lunches will be sold for \$5 while supplies last.

Senior Center Open House

Friday, August 23
10:30 a.m. to 1 p.m.

Come learn about senior classes, activities, and resources through demos and informational tabling. See how you can be active through weekly socials, fitness classes, trips, and more! Meet the staff in a small mixer to learn who oversees which of the center's programs. Event is open to all.

Mother's Day Chocolate Covered Strawberries Box

Friday, May 10
2:30 to 4:30 p.m.

Purchase a box of chocolate covered strawberries nicely boxed and ready to give. Each box will contain a variety of white chocolate, milk chocolate, and dark chocolate strawberries. Quantities are limited.

CLASSES

How to Register for a Class:

Online: Register online by clicking the activity code or visiting reg4rec.org.

Phone: Call the Cupertino Senior Center at **(408) 777-3150**.

In-person: Register in-person at the Cupertino Senior Center, 8 a.m. to 5 p.m. Monday through Friday.

May

Class registration for May begins on Monday, April 29 at 8 a.m.

Activity Number	Class	Day	Dates	Time	Instructor	Mem. Fee	No Class
25674	Apple Assistance	M	5/6	1 to 2 p.m.	B. Carpenter	\$7	
25675	Apple Assistance	M	5/6	2 to 3 p.m.	B. Carpenter	\$7	
25676	Apple Assistance	M	5/6	3 to 4 p.m.	B. Carpenter	\$7	
25677	Apple Assistance	M	5/13	1 to 2 p.m.	B. Carpenter	\$7	
25678	Apple Assistance	M	5/13	2 to 3 p.m.	B. Carpenter	\$7	
25679	Apple Assistance	M	5/13	3 to 4 p.m.	B. Carpenter	\$7	
23597	Apple Group Assistance	Th	5/9	1 to 3 p.m.	R. Schiros	\$6	
23598	Apple Group Assistance	Th	5/16	1 to 3 p.m.	R. Schiros	\$6	
23599	Apple Group Assistance	Th	5/23	1 to 3 p.m.	R. Schiros	\$6	
23600	Apple Group Assistance	Th	5/30	1 to 3 p.m.	R. Schiros	\$6	
24698	Ballroom Dance Class	W	5/1-6/26	2-4 p.m.	M. Lee	\$40	6/19
24700	Chair Yoga	T	5/7-6/25	1:45-2:30 p.m.	J. Pagadipaala	\$64	
24702	CSC Wednesday Jam	W	5/8-6/26	3-4:30 p.m.	J. Cunningham	\$16	6/19
24699	Chair Exercise	Th	5/9-6/27	9:30-10:30 a.m.	H. Lin	\$40	
24703	Dancercise	F	5/17-6/28	1:45-3:15 p.m.	G. Tsun	\$14	5/24
24704	ESL - Intermediate Conversation	Th	5/9-6/27	11:30 a.m.-1 p.m.	J. Andrushko	\$18	
24705	Feldenkrais Method	T	5/7-6/25	10:30-11:30 a.m.	M. Westlaken	\$64	
24706	HarmoniKatz	T	5/7-6/25	2:30-4 p.m.	D. Ng	\$18	
24707	Hula - Beginning	M	5/6-6/24	noon-12:45 p.m.	P. Gregory	\$8	5/27
24708	Hula - Performance Group	M	5/6-6/24	1-2 p.m.	J. Pereria-Anderson	\$11	5/27
24709	International Standard and Latin Dance	Th	5/9-6/27	2-4 p.m.	K. Mao	\$24	
23586	iPhone Intermediate	T	5/7-6/18	1 to 3 p.m.	R. Schiros	\$40	
24713	Lap Steel Guitar	T	5/7, 5/21	noon-1 p.m.	L. Fujimoto	\$6	
24714	Line Dance - Basics	Th	5/9-6/27	9:30-10:30 a.m.	L. Hsu	\$53	
24715	Line Dance - Beginner	Th	5/9-6/27	10:35-11:50 a.m.	L. Hsu	\$53	
24716	Line Dance - Improver / Intermediate	T	5/20-6/25	10:15-11:45 a.m.	K. Chang	\$56	
24717	Line Dance - Intermediate+	M	5/14-6/24	10-11:45 a.m.	K. Chang	\$45	5/27
24718	Line Dance - Intermediate/Advanced	W	5/15-6/26	10:15 a.m.-noon	K. Chang	\$54	6/19
24720	Painting and Drawing at all Levels	W	5/8-6/26	8:45-11:45 a.m.	J. Chin and L. Hwang	\$32	6/19
24789	PC and Apple Assistance in Mandarin	Th	5/8	10 to 11 a.m.	L. Su	\$6	
24790	PC and Apple Assistance in Mandarin	Th	5/8	11 to noon	L. Su	\$6	

CLASSES

24791	PC and Apple Assistance in Mandarin	Th	5/23	10 to 11 a.m.	L. Su	\$6	
24792	PC and Apple Assistance in Mandarin	Th	5/23	11 to noon	L. Su	\$6	
23875	Rhythmaires	F	5/3-6/28	9:30 to 11:30 a.m.	K. Miller	\$24	5/10
25587	Silk Reeling Exercises: A Practice of Chen Tai Chi	T	5/14-6-25	9-10 a.m.	D. Aspinwall	\$11	
24721	Stretch and Chinese Dance	T	5/7-6/25	3-3:45 p.m.	M. Huang	\$9	
24722	Tai Chi Level 1	F	TBA	12:30-1:30 p.m.	K. Chung	TBA	
23498	Tech Troubleshooting	W	5/1	2 to 2:30 p.m.	Staff	\$3	
23499	Tech Troubleshooting	W	5/1	2:30 to 3 p.m.	Staff	\$3	
23500	Tech Troubleshooting	W	5/1	3 to 3:30 p.m.	Staff	\$3	
23501	Tech Troubleshooting	W	5/1	3:30 to 4 p.m.	Staff	\$3	
24723	The Dream of the Red Chamber	F	5/17-6/28	10-11 a.m.	L. Hwang	\$11	
24724	Ukulele - Beginning	T	5/7-6/25	1-2 p.m.	D. Ng	\$12	
24842	Walking with Ease	M, W, F	5/6-6/14	9-10 a.m.	Staff	\$15	
24725	Yoga Foundations	W	5/1-6/12	8:30-9:45 a.m.	R. Narayanan	\$81	
24726	Yoga Fusion: Blending Wellness and Fun	F	TBA	3:30-4:30 p.m.	J. Krishnan	TBA	
24727	Yuan Chih Dance	F	5/17-6/28	10-11:30 a.m.	A. Fung	\$16	
24728	Zumba - Level 1 (in-person)	T	5/7-6/25	12:30-1:30 p.m.	H. Lin	\$42	
24729	Zumba Gold (virtual)	W	4/24-6/26	10-11 a.m.	G. DuVal	\$42	6/19

June

Class registration for June begins on Monday, April 29 at 8 a.m.

Activity Number	Class	Day	Dates	Time	Instructor	Mem. Fee	No Class
25680	Apple Assistance	M	6/10	1 to 2 p.m.	B. Carpenter	\$7	
25681	Apple Assistance	M	6/10	2 to 3 p.m.	B. Carpenter	\$7	
25682	Apple Assistance	M	6/10	3 to 4 p.m.	B. Carpenter	\$7	
25683	Apple Assistance	M	6/17	1 to 2 p.m.	B. Carpenter	\$7	
25684	Apple Assistance	M	6/17	2 to 3 p.m.	B. Carpenter	\$7	
25685	Apple Assistance	M	6/17	3 to 4 p.m.	B. Carpenter	\$7	
23601	Apple Group Assistance	Th	6/6	1 to 3 p.m.	R. Schiros	\$6	
24701	Chinese Brush Painting	M	6-3, 6/17-6/24	10 a.m.-12 p.m.	M.-Fen Lee	\$64	
24713	Lap Steel Guitar	T	6/4, 6/18	noon-1 p.m.	L.Fujimoto	\$6	
24793	PC and Apple Assistance in Mandarin	Th	6/13	10 to 11 a.m.	L. Su	\$6	
24794	PC and Apple Assistance in Mandarin	Th	6/13	11 to noon	L. Su	\$6	
24795	PC and Apple Assistance in Mandarin	W	6/27	10 to 11 a.m.	L. Su	\$6	
24796	PC and Apple Assistance in Mandarin	W	6/27	11 to noon	L. Su	\$6	
23724	Tech Troubleshooting	W	6/5	2 to 2:30 p.m.	Staff	\$3	
23725	Tech Troubleshooting	W	6/5	2:30 to 3 p.m.	Staff	\$3	
23726	Tech Troubleshooting	W	6/5	3 to 3:30 p.m.	Staff	\$3	
23727	Tech Troubleshooting	W	6/5	3:30 to 4 p.m.	Staff	\$3	

CLASSES

July

Class registration for July begins on Monday, June 24 at 8 a.m.

Activity Number	Class	Day	Dates	Time	Instructor	Mem. Fee	No Class
25686	Apple Assistance	M	7/1	1 to 2 p.m.	B. Carpenter	\$7	
25687	Apple Assistance	M	7/1	2 to 3 p.m.	B. Carpenter	\$7	
25688	Apple Assistance	M	7/1	3 to 4 p.m.	B. Carpenter	\$7	
25689	Apple Assistance	M	7/8	1 to 2 p.m.	B. Carpenter	\$7	
25690	Apple Assistance	M	7/8	2 to 3 p.m.	B. Carpenter	\$7	
25691	Apple Assistance	M	7/8	3 to 4 p.m.	B. Carpenter	\$7	
25715	Apple Group Assistance	Th	7/18	1 to 3 p.m.	R. Schiros	\$6	
25558	Chair Yoga	T	7/2-8/27	1:45-2:30 p.m.	J. Pagadipaala	\$64	7/23
24701	Chinese Brush Painting	M	7-1-7/15	10 a.m.-12 p.m.	M.-Fen Lee	\$64	
25560	CSC Wednesday Jam	W	7/3-8/28	3-4:30 p.m.	J. Cunningham	\$18	7/24
25561	Dancercise	F	7/5-8/30	1:45-3:15 p.m.	G. Tsun	\$16	7/26, 8/23
25820	ESL - Basics	W	7/3-8/28	10:30-11:30 a.m.	J. Zhang	\$12	7/24
25821	ESL - Beginner	Th	7/11-8/29	10:30-11:30 a.m.	J. Zhang	\$12	7/25
25562	ESL - Intermediate Conversation	Th	7/11-8/29	11:30 a.m.-1 p.m.	J. Andrushko	\$16	7/25
25563	Feldenkrais Method	T	7/2-8/27	10:30-11:30 a.m.	M. Westlaken	\$64	7/23
25564	HarmoniKatz	T	7/2-8/27	2:30-4 p.m.	D. Ng	\$18	7/23
25565	Hula - Beginning	M	7/1-8/26	noon-12:45 p.m.	P. A Gregory	\$9	7/22
25566	Hula - Performance Group	M	7/1-8/26	1-2 p.m.	J. Pereria-Anderson	\$12	7/22
25567	International Standard and Latin Dance	Th	7/11-8/26	2-4 p.m.	K. Mao	\$24	7/25
25721	iPhone Beginning	T	7/6-8/27	1 to 3 p.m.	R. Schiros	\$40	7/23
25568	Lap Steel Guitar	T	7/2, 7/16	noon-1 p.m.	L. Fujimoto	\$6	
25569	Line Dance - Basics	Th	7/11-8/29	9:30-10:30 a.m.	L. Hsu	\$53	7/25
25570	Line Dance - Beginner	Th	7/11-8/29	10:35-11:50 a.m.	L. Hsu	\$53	7/25
25571	Line Dance - Improver / Intermediate	T	7/2-8/27	10:15-11:45 a.m.	K. Chang	\$56	7/23, 7/30
25572	Line Dance - Intermediate+	M	7/1-8/26	10-11:45 a.m.	K. Chang	\$63	7/22, 7/29
25573	Line Dance - Intermediate/Advanced	W	7/3-8/28	10:15 a.m.-noon	K. Chang	\$63	7/24, 7/31
25576	Painting and Drawing at all Levels	W	7/3-8/28	8:45-11:45 a.m.	J. Chin and L. Hwang	\$36	7/24
25706	PC and Apple Assistance in Mandarin	Th	7/11	10 to 11 a.m.	L. Su	\$6	
25707	PC and Apple Assistance in Mandarin	Th	7/11	11 to noon	L. Su	\$6	
25708	PC and Apple Assistance in Mandarin	Th	7/18	10 to 11 a.m.	L. Su	\$6	
25709	PC and Apple Assistance in Mandarin	Th	7/18	11 to noon	L. Su	\$6	
25714	Rhythmaires	F	7/5-8/30	9:30 to 11:30 a.m.	K. Miller	\$21	7/26, 8/23
25577	Silk Reeling Exercises: A Practice of Chen Tai Chi	T	7/2-8/27	9-10 a.m.	D. Aspinwall	\$12	7/23

CLASSES

25578	Stretch and Chinese Dance	T	7/2-8/27	3-3:45 p.m.	M. Huang	\$9	7/23
25579	Tai Chi Beginner Level 2	F	7/5-8/30	12:30-1:30 p.m.	K. Chung	TBA	7/26, 8/23
25580	The Dream of the Red Chamber	F	7/5-8/30	10-11 a.m.	L. Hwang	\$11	7/26, 8/23
25581	Ukulele - Beginning	T	7/2-8/27	1-2 p.m.	D. Ng	\$12	7/23
24961	Walk with Ease	M, W, F	7/1-8/9	9-10 a.m.	Staff	\$15	
25582	Yoga Foundations	W	7/17-8/28	8:30-9:45 a.m.	R. Narayanan	\$69	7/24
25583	Yoga Fusion: Blending Wellness and Fun	F	TBA	3:30-4:30 p.m.	J. Krishnan	TBA	7/26
25584	Yuan Chih Dance	F	7/5-8/30	10-11:30 a.m.	A. Fung	\$16	7/26, 8/23
25672	Zumba - Level 1 (in-person)	T	7/2-8/27	12:30-1:30 p.m.	H. Lin	\$42	7/23
25585	Zumba Gold (virtual)	W	TBA	10-11 a.m.	G. DuVal	\$TBA	7/24

August

Class registration for August begins on Monday, June 24 at 8 a.m.

Activity Number	Class	Day	Dates	Time	Instructor	Mem. Fee	No Class
25692	Apple Assistance	M	8/12	1 to 2 p.m.	B. Carpenter	\$7	
25693	Apple Assistance	M	8/12	2 to 3 p.m.	B. Carpenter	\$7	
25694	Apple Assistance	M	8/12	3 to 4 p.m.	B. Carpenter	\$7	
25695	Apple Assistance	M	8/19	1 to 2 p.m.	B. Carpenter	\$7	
25696	Apple Assistance	M	8/19	2 to 3 p.m.	B. Carpenter	\$7	
25697	Apple Assistance	M	8/19	3 to 4 p.m.	B. Carpenter	\$7	
25716	Apple Group Assistance	Th	8/1	1 to 3 p.m.	R. Schiros	\$6	
25717	Apple Group Assistance	Th	8/8	1 to 3 p.m.	R. Schiros	\$6	
25718	Apple Group Assistance	Th	8/15	1 to 3 p.m.	R. Schiros	\$6	
25719	Apple Group Assistance	Th	8/22	1 to 3 p.m.	R. Schiros	\$6	
25720	Apple Group Assistance	Th	8/29	1 to 3 p.m.	R. Schiros	\$6	
24701	Chinese Brush Painting	M	8/5-8/12	10 a.m.-12 p.m.	M.-Fen Lee	\$64	
25568	Lap Steel Guitar	T	8/6, 8/20	Noon-1 p.m.	L. Fujimoto	\$6	
25710	PC and Apple Assistance in Mandarin	Th	8/8	10 to 11 a.m.	L. Su	\$6	
25711	PC and Apple Assistance in Mandarin	Th	8/8	11 to Noon	L. Su	\$6	
25712	PC and Apple Assistance in Mandarin	Th	8/22	10 to 11 a.m.	L. Su	\$6	
25713	PC and Apple Assistance in Mandarin	Th	8/22	11 to Noon	L. Su	\$6	
25704	Tech Troubleshooting	W	8/7	3 to 3:30 p.m.	Staff	\$3	
25705	Tech Troubleshooting	W	8/7	3:30 to 4 p.m.	Staff	\$3	

SHARE DISCOVERY THROUGH TRAVEL

Trip registration begins:

June and July Trips - Open

August Registration starts Monday, April 8 for members and Monday, April 15 for non-members.

September Registration starts Monday, May 6 for members and Monday, May 13 for non-members.

Please arrive 30 minutes prior to the departure time.

Guide Dogs for the Blind and Marin Civic Center

Wednesday, June 5, 8 a.m. to 5 p.m.

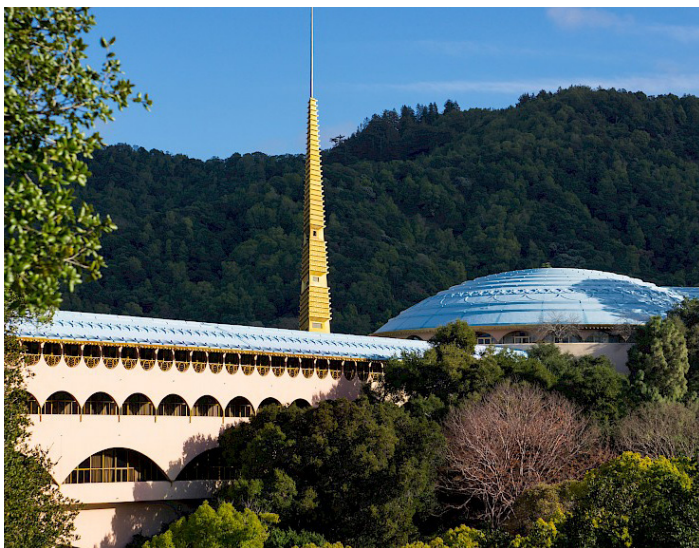
Visit the Guide Dogs for the Blind campus in San Rafael for an informative walking tour that includes stops at the residential courtyard, the training courtyard, and Learning Lab at their Puppy Center.

Afterwards, relax over a comfortable, included lunch at Red Rooster Restaurant serving Italian forward cuisine made with local, fresh ingredients.

Conclude your wonderful day with a private behind-the-scenes tour of the Marin County Civic Center designed by renowned architect Frank Lloyd Wright. You will experience Wright's innovative design and signature integration of architecture with landscape, the iconic blue roof, and learn more about the scandalous history of the building.

Member Cost: \$125 – Two guided tours, Lunch, Transportation, Tips, and Travel Staff.

Activity Level: Moderate; walking at your own pace.



(408) 777-3150

Golden Gate Bay Cruise and Spectacular Pier 39

Thursday, June 27, 9 a.m. to 5:30 p.m.

From amazing views, a sea of sea lions, to delectable seafood, heavenly sweet treats, street performers, and unique stores, there is always something fun to do at Pier 39.

The highlight of the day is a beautiful bay cruise, where you will set sail and enjoy spectacular views of the San Francisco skyline and waterfront, the majestic Golden Gate Bridge, and notorious Alcatraz Island. Get up-close with the wild inhabitants of the bay, including seagulls, pelicans, harbor porpoises, dolphins, and sea lions. There will be plenty of photo opportunities, so keep your camera handy!

Member Cost: \$127 – Bay Cruise, Transportation, Tips, and Travel Staff

Activity Level: Low to Moderate; walking at your own pace and embarking and disembarking boat.

Carmel-by-the-Sea

Wednesday, July 17, 8:30 a.m. to 4:30 p.m.

Spend a day in this quaint village by the sea, without having to drive or worry about parking! Carmel-by-the-Sea is a community rich in the history and traditions of early California. Highlighting more than 90 art studios and galleries, it also boasts numerous antique shops, loads of boutiques, and many of small, intimate bakeries, cafes, and restaurants. Carmel promises hours of discovery as you enjoy the peaceful, European ambiance while strolling through winding streets courtyards. You may feel like exploring Carmel Mission and the Mission ranch or the sand at Carmel beach. You decide, it's your day!

Member Cost: \$74 – Transportation, Tips, and Travel Staff.

Activity Level: Low to Moderate; walking at your own pace.

A Taste of Berkeley

Thursday, August 8, 7:45 a.m. to 6 p.m.

Berkeley is a food lover's dream, and an important part of the Bay Area's culinary history! Start the morning with a visit to Boichik Bagels, home to some of the most delicious bagels in the country – to tour the bakery, experience some bagel, and cream cheese pairings. Next, you will head over to TCHO chocolate for a tour of their state-of-the-art factory to learn about the fascinating chocolate making process and taste some of their award-winning chocolate. For your no-host lunch, you will get to explore the gourmet North Shattuck district where legendary Berkeley hotspots and a host of exciting options await. Conclude this decadent day at Takara Sake with a tour of their museum, learn more about the ancient art of sake making, and enjoy a tasting of still and sparkling sake.

Member Cost: \$124 - 3 Tours and Tastings, Transportation, Tips, and Travel Staff.

Activity Level: Variable; walking and standing at your own pace.

Live It Up in Livermore

Thursday, August 22, 8:30 a.m. to 5 p.m.

Discover the scenic olive orchard at Olivina in Livermore. Owner Charles Crohare will share his knowledge in the art of olive oil tasting. Take in the beautiful view of the Olivina orchard, sample a variety of specialty olive oils, and learn about this hidden agricultural treasure.

You will explore Livermore's charming downtown which offers a variety of dining options. Some options include the Zepher Grill and Bar, First Street Alehouse, and Lemongrass Thai Restaurant. Afterwards, you will venture to California's oldest wine growing region located in the Livermore Valley. When you arrive at the historic landmark, Concannon Winery, you will have ample time to enjoy the spectacular view, visit the gift shop, and sample wine at your leisure before concluding the day.

Member Cost: TBD - Docent Tour, Olive Oil Tasting, Transportation, Tips, and Travel Staff.

Activity Level: Moderate; Walking at your own pace.

Railroad Square and the Schulz Museum

Thursday, September 5, 8 a.m. to 6:30 p.m.

See the largest collection of original Peanuts artwork in the world at the Charles M. Schulz Museum and explore Santa Rosa's historic Railroad Square.

Our docent-led tour of this fun and fascinating museum will be the perfect opportunity to explore one of the most popular comic strips of the 20th century. Here, you can laugh at Schulz's original comic strips, view a re-creation of Schulz's art studio, and dive into their chronicle of his early art.

Railroad Square is the historic heart of downtown Santa Rosa since the first trains arrived in the 1870's. Enjoy a guided tour of this charming area, a perfect spot for your no-host lunch with choices such as Jackson's Bar & Oven, LoCoco's Cucina Rustica, Omelette Express, Grossman's Noshery, and Criminal Baking Co.

Member Cost: \$89– 2 Docent Tours, Museum Admission, Transportation, Tips, and Travel staff.

Activity Level: Variable; walking and standing at your own pace.

Treasures of Berkeley and Skates on the Bay

Thursday, September 19, 8:30 a.m. to 5:30 p.m.

Travel to Berkeley to enjoy some much-loved gems in this beautiful town. Your first destination is The University of California Botanical Garden, a 34-acre botanical garden located in the Berkeley Hills, with views overlooking the San Francisco Bay. Relax over an included lunch at Skates on the Bay at the Berkeley marina, a beautiful and historic waterfront gathering place for fresh seafood and unmatched views of the San Francisco Bay. Conclude the day with a visit to the elegant Berkeley City Club for a private tour to enjoy the stunning architecture of this vintage and beautifully preserved property.

Member Cost: \$152 – includes Lunch, 2 docent tours, admission to Botanical gardens, Transportation, Tips, and Travel Staff.

Activity Level: Variable; walking at your own pace.

Trip itinerary subject to change.

LECTURES AND WORKSHOPS

May and June registration opens on Monday, April 29
July and August registration opens on Monday, June 24

[iPhone Workshop](#)

Tuesday, May 21, 9:30 to 11:30 a.m.

Questions on how to use your iPhone? Bring your fully charged iPhone to learn tips and tricks in this general informational iPhone Workshop.

[Photo Offloading Workshop](#)

Wednesday, May 22, 10 to 11 a.m.

Come learn how to take your photos off your phone and onto your computer, laptop, or cloud drive.

[Discover & Go Workshop](#)

Wednesday, May 29, 10 to 11 a.m.

Discover & GO!, a virtual museum pass program for Santa Clara County Library District cardholders, offers library users the ability to reserve admission passes to more than 50 museums and venues throughout the greater Bay Area. Presented by the Santa Clara County Library. Bring Santa Clara County Library Card ID and password.

[Android Workshop](#)

Tuesday, June 18, 9:30 to 11:30 a.m.

Have questions about how to use your Android phone? Bring your fully charged Android phone to learn a general informational overview on the ins-and-outs of your phone.

[Libby Workshop](#)

Wednesday, June 26, 10 to 11 a.m.

Access thousands of eBooks and audiobooks to read across your electronic devices or listen to on the go. Learn how you can download these eBooks and audiobooks to continue reading offline. See how to connect your selection to your Kindle and how you can adjust your eBook settings to customize to how you read. This workshop will show you how you may use this resource for free using your Santa Clara County Library card.

[Crime Prevention and Home Safety](#)

Tuesday, July 30, 10 to 11 a.m.

Protect yourself against fraud and theft. Join Santa Clara County Fire and Sheriff to discuss person safety and home security protection methods. Learn how to identify suspicious activity and know when to report it. Also learn how to understand fire risks and practice safety habits to prevent fires and develop an escape plan. For more information, visit sccfd.org.



[Freegal Workshop](#)

Wednesday, July 31, 10 to 11 a.m.

Come learn about Freegal, a downloadable music service which provides access to the catalog of artists in Sony Music Entertainment including artist from the Independent Online Distribution Alliance.

[Creativebug Workshop](#)

Wednesday, August 28, 10 to 11 a.m.

Get your creative juices flowing with Creativebug! Learn how to enjoy unlimited access to over 1,000 online art and craft classes, plus patterns, templates, and recipes. Topics include art and design, sewing, quilting, paper, knitting, crochet, food and home jewelry, holiday and party, and classes for kids. Watch videos anytime, anywhere. Classes never expire so you can start and stop projects at your own pace. New classes from the top artists are added daily.



For additional information regarding lectures, call the Cupertino Senior Center front desk at (408) 777-3150.

VOLUNTEER CORNER

**VOLUNTEERS
NEEDED!**

Learn more about volunteer opportunities at the Cupertino Senior Center at a volunteer orientation meeting. Contact the front desk at (408) 777-3150 for dates of upcoming volunteer orientations.

Class Instructors

Have expert knowledge on a specific subject or exercise? Become a volunteer instructor to share your skill set and engage others of similar interest. We are seeking instructors for ESL, Qi Gong, US History, Mandarin, Japanese, meditation, bridge, chess, PC, and more.

Walking Group Leader

Group walking leaders will begin each session with a pre-walk discussion covering a specified topic, followed by a 25 to 40 minute walk that includes warm-up and cool-down period. Program Duration: six weeks, three times per week for one hour (18 total sessions). Training is provided.



Interested in volunteering or helping out with the activities above? Contact Amanda at amandah@cupertino.gov or call (408) 777-3374. You must be onboarded as a volunteer before helping with volunteer programs.

MONTHLY MOVIES

Free for members

Lemonade and popcorn provided.

The Lost City

Wednesday, May 29
1:30 to 3:30 p.m.

While on tour promoting her new book with Alan, Loretta gets kidnapped by an eccentric billionaire who hopes she can lead him to an ancient city's lost treasure from her latest story. Determined to prove he can be a hero in real life and not just on the pages of her books, Alan sets off to rescue her.



Barbie

Wednesday, June 26
1:30 to 3:30 p.m.

Barbie and Ken are having the time of their lives in the colorful and seemingly perfect world of Barbie Land. However, when they get a chance to go to the real world, they soon discover the joys and perils of living among humans.



Wonka

Wednesday, July 31
1:30 to 3:30 p.m.

Armed with nothing but a hatful of dreams, young chocolatier Willy Wonka manages to change the world, one delectable bite at a time.



Field of Dreams

Wednesday, August 28
1:30 to 3:30 p.m.

"If you build it, they will come!" A voice only an Iowa farmer can hear launches an obsessive quest that includes building a baseball diamond in the middle of his cornfield.



RESOURCES FOR SENIORS

Schedule Appointments

To schedule an appointment, call the front desk at (408) 777-3150.

Caregiver Network Counseling

Monday, 1 to 4 p.m.

June 3, July 1, and August 5

The Caregivers Network provides friend or family caregivers free support for their unique situations. A Care Manager will be available for one-hour in-person appointments to provide resources and information for caregivers to support loved one.

Caregiver Support Group

Tuesday, 1 to 2:30 p.m.

June 18, July 16, and August 20

Caregiving is tough and you do not have to do it alone. Join other friend and family caregivers to learn about resources, share experiences, and enjoy a social outlet. Lead by the Caregiver Network of Sourcewise, a Santa Clara County resource agency for seniors, the group is for caregivers of adults 60 and older or someone of any age with a dementia type disease (Huntington's, early onset Alzheimer's traumatic brain injury, etc.).

Health Insurance Counseling (HICAP)

Monday, 1 to 4 p.m.

June 10, June 24, July 8, August 12, and August 26

Find out what your options are with Medicare and what will work best for you. The Health Insurance Counseling and Advocacy Program will help you fully understand your Medicare options to be better informed to make the right choices.

Senior Adult Legal Aid (SALA)

Friday, 10 a.m. to noon

June 21, July 19, and August 16

Free assistance to elders for basic legal matters in public benefits, long-term care, elder abuse, housing, consumer issues, incapacity planning probate alternative, and simple wills. Must be 60 or older and live in Santa Clara County. If unable to meet in person, call (408) 295-5991.

SALA(長者法律諮詢) 為居住在聖他克拉拉縣(Santa Clara County) 60 歲或以上的長者提供基本的法律援助。中文翻译可预约。

Resource Referral Website

Please visit cupertino.gov/seniorresources to view contact information for resources, such as nutrition, transportation, counseling, elder abuse, and more.



Via is Now Silicon Valley Hopper

Use Silicon Valley Hopper for Cupertino destinations such as the grocery store, local eateries, post office, and more. Silicon Valley Hopper also takes Cupertino residents to medical appointments at Kaiser Santa Clara and Sutter Health West Valley Center. Discounted fares for seniors are \$1.75 per trip. To book download the SV Hopper app or call:

(669) 201-1892 | cupertino.gov/shuttle



211

Receive free, non-emergency community, health, and disaster information in Santa Clara County. 211 is confidential and available in over 170 languages. 24 hours a day, 7 days a week.

Dial 2-1-1 | 211bayarea.org



Sourcewise

Sourcewise offers resource information on a variety of topics including housing, nutrition, health insurance, transportation, and more. Sourcewise strives to educate, prepare, and support caregivers within Santa Clara County.

(408) 350-3200 | mysourcewise.com

50+ Birthday Bash!

Doors open at noon

June and July registration opens Monday, April 29.
August registration opens Monday, June 24.

Cinco De Mayo Birthday Bash

Wednesday, May 1

Join us for a Cinco de Mayo celebration while celebrating May birthdays. You will enjoy chicken enchiladas, refried beans, Mexican rice, and dessert. Please state vegetarian option when registering.

Member \$12, Non-member \$17

Luau and June Birthday Bash

Wednesday, June 12

Come swing along with our No Hoaaloha Ho'okani Pila Hawaiian Band for our luau lunch! Enjoy teriyaki chicken, tropical fruit, sweet rolls, fried rice, and guava cake. Members with June birthdays will be honored. Please state vegetarian option when registering.

Member \$12, Non-member \$17

Independence Day July Birthday Bash

Wednesday, July 3

Get patriotic with us and wear your red, white and blue! Celebrate your nation's birthday while we honor members with July birthdays with American-themed music and BBQ'd burgers with all the fixings and an All-American dessert. Please state vegetarian option when registering.

Member \$12, Non-member \$17

August Birthday Bash

Wednesday, August 14

Join us for a Greek themed luncheon serving chicken skewers over rice with a side of Greek salad and dessert. August birthdays will be honored. Please state vegetarian option when registering.

Member \$12, Non-member \$17



***Note:** If a lunch is full, please ask the front desk to add your name to the waitlist. When cancellations occur, we will fill from the waitlist in the order that names are taken. No money is required to be put on the waitlist.*



To register, call (408) 777-3150, visit the Senior Center in-person, or [Click Here](#).