

50⁺ THE SCENE

Fall 2024
September to December

**50+ Golf
Tournament**
September 25
more details
on page 33

Socials,
Classes,
Workshops,
Travel &
More!



CUPERTINO

MEMBERSHIP INFO

Membership includes access to Adult 50+ programs, services, classes, and socials.

\$25 for Cupertino Residents
\$30 for Non Cupertino Residents

It's easy to become an Adult 50+ member:

- Be at least 50 years or better
- Register for membership (available at the Senior Center or online)

VISITOR PASS

Thinking about becoming a member? Adults 50+ are welcome to spend the day as a guest with a \$5 Visitor Pass. Guests may sign up for any social or lecture for the day, if space is available, and will receive a temporary parking permit for that day.

GIFT CARDS

Looking for a gift that encourages having fun and staying active for a friend or family member ages 50 and better? The Cupertino Senior Center offers gift cards redeemable towards membership, classes, and more. Gift cards make great gifts and are available for purchase at the Senior Center's front desk.

STAY ACTIVE PROGRAM

The Stay Active Fund helps adults 50 years and older to remain active and engaged by participating in activities at the Cupertino Senior Center. This fund provides financial assistance through scholarships to offset the cost for Senior Center membership and registrations for classes and events. The Stay Active Fund is available from January 1 until the funds are depleted. Please contact the Senior Center front desk for more details.

SENIOR ADVISORY COUNCIL

Interested in contributing to expanding opportunities for seniors in our community? What programs and activities would you like to have? How can the contributions of seniors be more visible? Join leaders of social activities and volunteer groups at an upcoming meeting.

Next Meeting is:

Thursday, September 19 at 2 p.m.

Thursday, November 21 at 2 p.m.

Bingo (Hosted by the Senior Advisory Council)
 Friday, 12:30 to 3:30 p.m.

Join the Senior Advisory Council for an afternoon of bingo. Bingo cards cost \$6 to \$10.

**Sales end at 12:55 p.m. and play begins at 1 p.m.*

ANNOUNCEMENTS

Hidden Treasures Wanted

Collecting August 1 to October 11

Please donate your gently used or like new jewelry, craft items, knick-knacks, and more to our Hidden Treasures fundraising event scheduled for Thursday, October 24. The proceeds benefit the Senior Center's Stay Active Fund to provide assistance and offset the cost of senior center membership and classes.

For a complete list of acceptable items, visit cupertino.gov/hiddentreasures.

CUPERTINO SENIOR CENTER



Monday to Friday
 8 a.m. to 5 p.m.



21251 Stevens Creek Boulevard
 Cupertino, CA 95014

SOCIALS

Register online by clicking the descriptions, call (408) 777-3150, or register in-person at the Cupertino Senior Center 8 a.m. to 5 p.m. Monday through Friday.

MONDAY

•NEW! 50+ Pickleball

Monday, September 9 to November 18, 8 to 11 a.m.
Cupertino Sports Center



Play doubles pickleball with other Senior Center members at the Sport Court at the Cupertino Sports Center. Senior Center membership is required. Sports Center membership is not required. Paddles and balls are not provided but nets will be provided. Preregistration is required. Member fee is \$45. Registration opens August 26.

50+ Golf

Monday, 10 a.m.
Blackberry Farm Golf Course

Start the week off right with a round of golf at the 9-hole Blackberry Farm Golf Course.



Rummikub

Monday, noon to 4 p.m.

Some board games available for play. Members are welcome to bring their own board games to play with other members.

Ballroom Dance Social

Monday, 2:30 to 4:30 p.m.

Drop in for fun and dancing. Room capacity is limited to 30 people.

TUESDAY

Ping Pong

Tuesday, 8:30 to 11:30 a.m.

Two ping pong tables are available for play in a non-competitive environment for all levels. First come, first served. Limited to 25 players.

(408) 777-3150

50+ Tennis

Tuesday, 9 a.m.
Memorial Park Tennis Courts 5 and 6

Drop in to play and exercise while being social and meeting other Cupertino Senior Center members.

•NEW! Coloring and Crosswords

Tuesday, 1 to 4 p.m.

Relax or stimulate your mind with an afternoon of coloring or crossword puzzles.

WEDNESDAY

50+ Bocce Ball

Wednesday, March 6 to November 27, 9 a.m.
Blackberry Farm

Enjoy the outdoors at Blackberry Farm alongside the Stevens Creek Trail while teaming up with fellow members playing bocce ball. First time players welcome, instructions are available.

THURSDAY

50+ Softball

Thursday, March 28 to December 5 9 a.m.

Memorial Park is home of the Cupertino Sandlot softball group who warm-up and take batting practice beginning at 9 a.m. A pick-up game starts promptly at 10 a.m. each week. Fee is \$60 for the season. Senior Center membership is required.

SOCIALS

Let's Talk Technology

Thursday, 10 to 11 a.m.

Have general technology questions about your device or application? Come join this technology group discussion to have them answered while learning from other people's questions. Discussion is geared towards the interest of those who attend each session.

Conversations

Thursday, 10:30 a.m. to noon

Join in stimulating conversation of various topics and current events.

Open Card Playing and Bridge

Thursday, noon to 4 p.m.

Form your own groups or meet others to play.

Karaoke Weekly Social

Thursday, 1 to 4:30 p.m.

Join this group every Thursday for fun, singing, and dancing.

FRIDAY

50+ Tennis

Friday, 9 a.m.
Memorial Park
Tennis Courts 5 and 6



Drop in to play and exercise while being social and meeting other Cupertino Senior Center members.

Mah Jongg

Friday, noon to 4 p.m.

Different styles are available or bring your own.

Ping Pong

Friday, 1 to 4:30 p.m.

Two ping pong tables are available for play in a non-competitive environment for all levels. First come, first served. Limited to 25 players.

EVENTS

50+ Golf Tournament

Wednesday, September 25
10 a.m.

Join the annual Cupertino Golf Tournament at Blackberry Farm. Please arrive at the Blackberry Farm Golf Course no later than 30 minutes before your tee time to check in, warm up, and participate in the putting competition.

Member fee is \$25. Non-member fee is \$35.



Hidden Treasures

Thursday, October 24
9 a.m. to 2 p.m.

The Cupertino Senior Center's annual Hidden Treasures event to shop for hundreds of unique items! Whether you're a collector, a vintage enthusiast, or simply looking for that one-of-a-kind gift, Hidden Treasures has something special for everyone.



More events on the next page.

EVENTS

Register online by clicking the descriptions, call (408) 777-3150, or register in-person at the Cupertino Senior Center 8 a.m. to 5 p.m. Monday through Friday.

Harmonikatz Fall Concert

Wednesday, September 4
1:30 to 3 p.m.

Delight in an afternoon of music and community as we welcome the start of the fall season with the Harmonikatz performance group. Member free, Non-member \$5.

Holidays in Hawaii

Wednesday, December 4
1 to 2:30 p.m.

Sway with our own Aloha Nani Hula dancers as they celebrate the holidays with Hawaiian songs and dances. Light refreshments will be served.

Season's Greetings Cookie Box

Pickup: Friday, December 13
2:30 to 4:30 p.m.

Looking for the perfect sweet gift to give this holiday season? Each Season's Greetings Cookie box contains a variety of cookies such as biscotti, molasses, almond delight, peppermint chocolate chip, and more! The cookies are carefully boxed, tagged, and ready for you to give. Quantities are limited! Member \$13, Non-member \$18.

Holidays Sing-along

Monday, December 16
1:30 to 2:30 p.m.

Get in the holiday spirit and sing some holiday songs accompanied by our Harmonikatz band. Light refreshments will be served. Member free, Non-member \$5.

NEW! Winter Ball

Friday, December 20
6 to 8 p.m.

It's going to be a ball at the Senior Center! Come formally dressed and enjoy food, music, and dancing. Pot roast dinner included with side and light desserts. Vegetarian option available when registering. Members \$30, Non-members \$35.

NEW! Grandparents Day Ice Cream Social

Monday, September 9
3:15 to 4:45 p.m.

If you are grandparent, come celebrate Grandparents' Day with some ice cream! Grandparents may bring their grandchildren to join the celebration. \$3 per person.

50+ Sandlots vs. Staff Fall Softball Game

Thursday, October 3
10 a.m.

Come watch and cheer on your 50+ Sandlot Geezers as they take on Parks and Recreation Staff at the softball field in Memorial Park. Game will begin at 10 a.m.

Baking Workshop: Holiday Truffles and Biscotti

Tuesday, December 3
10 a.m. to noon

Learn how to make truffles and biscotti for the holiday season! These homemade treats will be a hit during the holidays to enjoy for dessert with any meal, holiday gathering, or seasonal gifts. Samples to take home are included.

Want to see the 50+ events, socials, and workshops at a glance?

To see the Cupertino Senior Center's monthly calendars, visit cupertino.gov/senior.



CLASSES

How to Register for a Class:

Online: Register online by clicking the activity code or visiting reg4rec.org.

Phone: Call the Cupertino Senior Center at **(408) 777-3150**.

In-person: Register in-person at the Cupertino Senior Center, 8 a.m. to 5 p.m. Monday through Friday.

September

Class registration for September begins on Monday, August 26 at 8 a.m.

Activity Number	Class	Day	Dates	Time	Instructor	Mem. Fee	No Class
26608	Apple Assistance	M	9/23	1 to 2 p.m.	B. Carpenter	\$7	
26609	Apple Assistance	M	9/23	2 to 3 p.m.	B. Carpenter	\$7	
26610	Apple Assistance	M	9/23	3 to 4 p.m.	B. Carpenter	\$7	
26611	Apple Assistance	Tu	9/24	1 to 2 p.m.	B. Carpenter	\$7	
26612	Apple Assistance	Tu	9/24	2 to 3 p.m.	B. Carpenter	\$7	
26613	Apple Assistance	Tu	9/24	3 to 4 p.m.	B. Carpenter	\$7	
26651	Apple Group Assistance - Group 1	Th	9/12	1 to 2 p.m.	R. Schiros	\$6	
26652	Apple Group Assistance - Group 2	Th	9/12	2 to 3 p.m.	R. Schiros	\$6	
26653	Apple Group Assistance - Group 1	Th	9/19	1 to 2 p.m.	R. Schiros	\$6	
26654	Apple Group Assistance - Group 2	Th	9/19	2 to 3 p.m.	R. Schiros	\$6	
26655	Apple Group Assistance - Group 1	Th	9/26	1 to 2 p.m.	R. Schiros	\$6	
26656	Apple Group Assistance - Group 2	Th	9/26	2 to 3 p.m.	R. Schiros	\$6	
26751	Ballroom Dance Class	W	9/4-10/23	2-4 p.m.	M. Lee	\$80	
26193	Beginning Chen Style Tai Chi	Tu	9/10-10/29	9-10 a.m.	D.Aspinwall	\$12	
26202	Bingocize	M,Th	9/9-11/21	9:30-10:30 a.m.	Stanford Health	Free	10/24, 11/11
26173	Chair Exercise	Th	9/5-10/31	9:30-10:30	H. Lin	\$40	10/24
26174	Chair Yoga	Tu	9/3-10/29	1:45-2:30 p.m.	J.Pagadipaala	\$64	10/15
26593	Chinese Brush Painting	M	9/9-10/28	10 a.m.-12 p.m.	M. Lee	\$80	
26175	CSC Wednesday Jam	W	9/4-10/30	3-4:30 p.m.	J.Cunningham	\$21	
26176	Dancercise	F	9/6-10/25	2-3:30 p.m.	G.Tsun	\$18	
26177	ESL - Basics	W	TBD	10:30-11:30 a.m.	J. Zhang		
26178	ESL - Beginner	Th	TBD	10:30-11:30 a.m.	J. Zhang		
26179	ESL - Intermediate Conversation	Th	9/5-10/31	11:30 a.m.-1 p.m.	J. Andrushko	\$18	10/24
26180	Feldenkrais Method	Tu	9/3-10/29	10:30-11:30 a.m.	M. Westlaken	\$72	
26181	HarmoniKatz	Tu	9/3-10/29	2:30-4 p.m.	D. Ng	\$18	
26182	Hula - Beginning	M	9/9-10/28	noon-12:45 p.m.	P. A Gregory	\$9	
26183	Hula - Performance Group	M	9/9-10/28	1-2 p.m.	J. Pereria-Anderson	\$12	
26595	International Standard and Latin Dance - Beginner	Th	9/5-10/31	1-2 p.m.	K. Mao	\$12	10/24
26184	International Standard and Latin Dance - Intermediate	Th	9/5-10/31	2:15-4:15 p.m.	K. Mao	\$24	10/24
26394	iPhone Intermediate	Tu	9/10-10/22	1-3 p.m.	R. Schiros	\$40	
26186	Lap Steel Guitar	Tu	9/3, 9/17, 10/1, 10/15	noon-1 p.m.	L. Fujimoto	\$6	
26187	Line Dance - Basics	Th	9/5-10/31	9:30-10:30 a.m.	L. Hsu	\$60	10/24
26188	Line Dance - Beginner	Th	9/5-10/31	10:35-11:50 a.m.	L. Hsu	\$60	10/24
26596	Line Dance - High Beginner	Tu	9/10-10/29	2:45-4 p.m.	Linda Hsu	\$60	

CLASSES

September (Continued)

Class registration for September begins on Monday, August 26 at 8 a.m.

Activity Number	Class	Day	Dates	Time	Instructor	Mem. Fee	No Class
26189	Line Dance - Improver / Intermediate	Tu	9/3-10/29	10:15-11:45 a.m.	K. Chang	\$72	
26190	Line Dance - Intermediate+	M	9/9-10/28	10-11:45 a.m.	K. Chang	\$72	
26191	Line Dance - Intermediate/Advanced	W	9/4-10/30	10:15 a.m.-noon	K. Chang	\$81	
26192	Painting and Drawing at all Levels	W	9/4-10/30	8:45-11:45 a.m.	J. Chin, L. Hwang	\$41	
26637	PC and Apple Assistance in Mandarin	Th	9/5	10 to 11 a.m.	L. Su	\$6	
26638	PC and Apple Assistance in Mandarin	Th	9/5	11 to noon	L. Su	\$6	
26639	PC and Apple Assistance in Mandarin	Th	9/12	10 to 11 a.m.	L. Su	\$6	
26640	PC and Apple Assistance in Mandarin	Th	9/12	11 to noon	L. Su	\$6	
26700	Rhythmaires Band	F	9/6-10/8	9:30-11:30 a.m.	K. Miller	\$21	
26194	Tai Chi - Beginner Level 1	Tu	TBD	3-3:45 p.m.	K. Chung		
26754	Tai Chi - Beginner Level 2	Tu	TBD	4-4:45 p.m.	K. Chung		
26195	The Dream of the Red Chamber	F	9/6-11/1	10-11 a.m.	Li. Hwang	\$14	
25698	Tech Troubleshooting	W	9/4	2 to 2:30 p.m.	Recreation Staff	\$3	
25699	Tech Troubleshooting	W	9/4	2:30 to 3 p.m.	Recreation Staff	\$3	
25700	Tech Troubleshooting	W	9/4	3 to 3:30 p.m.	Recreation Staff	\$3	
25701	Tech Troubleshooting	W	9/4	3:30 to 4 p.m.	Recreation Staff	\$3	
26196	Ukulele - Beginning	Tu	9/3-10/29	1-2 p.m.	D. Ng	\$14	
26197	Walk with Ease	M, W, F	9/4-10/11	10-11 a.m.	Recreation Staff	Free	
26198	Yoga Foundations	W	9/4-10/23	8:30-9:45 a.m.	R. Narayanan	\$92	
26199	Yuan Chih Dance	F	9/6-11/1	10-11:30 a.m.	A. Fung	\$21	
26200	Zumba - Level 1 (in-person)	Tu	9/3-10/29	12:30-1:30 p.m.	H. Lin	\$48	
26201	Zumba Gold (virtual)	W	9/4-10/30	10-11 a.m.	G. DuVal	\$48	

October

Class registration for October begins on Monday, August 26 at 8 a.m.

Activity Number	Class	Day	Dates	Time	Instructor	Mem. Fee	No Class
26614	Apple Assistance	M	10/14	1 to 2 p.m.	B. Carpenter	\$7	
26615	Apple Assistance	M	10/14	2 to 3 p.m.	B. Carpenter	\$7	
26616	Apple Assistance	M	10/14	3 to 4 p.m.	B. Carpenter	\$7	
26617	Apple Assistance	M	10/28	1 to 2 p.m.	B. Carpenter	\$7	
26618	Apple Assistance	M	10/28	2 to 3 p.m.	B. Carpenter	\$7	
26619	Apple Assistance	M	10/28	3 to 4 p.m.	B. Carpenter	\$7	
26657	Apple Group Assistance - Group 1	Th	10/3	1 to 2 p.m.	R. Schiros	\$6	
26658	Apple Group Assistance - Group 2	Th	10/3	2 to 3 p.m.	R. Schiros	\$6	
26659	Apple Group Assistance - Group 1	Th	10/10	1 to 2 p.m.	R. Schiros	\$6	
26660	Apple Group Assistance - Group 2	Th	10/10	2 to 3 p.m.	R. Schiros	\$6	
26661	Apple Group Assistance - Group 1	Th	10/17	1 to 2 p.m.	R. Schiros	\$6	
26662	Apple Group Assistance - Group 2	Th	10/17	2 to 3 p.m.	R. Schiros	\$6	
26752	Ballroom Dance Class* <i>*Reg for Ballroom Dance starts Oct. 28</i>	W	10/30-12/18	2-4 p.m.	M. Lee	\$80	

CLASSES

October (Continued)

Class registration for October begins on Monday, August 26 at 8 a.m.

Activity Number	Class	Day	Dates	Time	Instructor	Mem. Fee	No Class
26687	Cyber Security	M	10/7-10/21	10 to 11:30 a.m.	C. Helvey	\$22	
26641	PC and Apple Assistance in Mandarin	Th	10/10	10 to 11 a.m.	L. Su	\$6	
26642	PC and Apple Assistance in Mandarin	Th	10/10	11 to noon	L. Su	\$6	
26643	PC and Apple Assistance in Mandarin	W	10/17	10 to 11 a.m.	L. Su	\$6	
26644	PC and Apple Assistance in Mandarin	W	10/17	11 to noon	L. Su	\$6	
26700	Rhythmaires	F	9/6-10/18	9:30 to 11:30 a.m.	K. Miller	\$21	
25702	Tech Troubleshooting	W	10/2	2 to 2:30 p.m.	Recreation Staff	\$3	
25703	Tech Troubleshooting	W	10/2	2:30 to 3 p.m.	Recreation Staff	\$3	
25704	Tech Troubleshooting	W	10/2	3 to 3:30 p.m.	Recreation Staff	\$3	
25705	Tech Troubleshooting	W	10/2	3:30 to 4 p.m.	Recreation Staff	\$3	

November

Class registration for November begins on Monday, October 28 at 8 a.m.

Activity Number	Class	Day	Dates	Time	Instructor	Mem. Fee	No Class
26620	Apple Assistance	M	11/18	1 to 2 p.m.	B. Carpenter	\$7	
26621	Apple Assistance	M	11/18	2 to 3 p.m.	B. Carpenter	\$7	
26622	Apple Assistance	M	11/18	3 to 4 p.m.	B. Carpenter	\$7	
26623	Apple Assistance	M	11/25	1 to 2 p.m.	B. Carpenter	\$7	
26624	Apple Assistance	M	11/25	2 to 3 p.m.	B. Carpenter	\$7	
26625	Apple Assistance	M	11/25	3 to 4 p.m.	B. Carpenter	\$7	
26663	Apple Group Assistance - Group 1	Th	11/7	1 to 2 p.m.	R. Schiros	\$6	
26664	Apple Group Assistance - Group 2	Th	11/7	2 to 3 p.m.	R. Schiros	\$6	
26665	Apple Group Assistance - Group 1	Th	11/14	1 to 2 p.m.	R. Schiros	\$6	
26666	Apple Group Assistance - Group 2	Th	11/14	2 to 3 p.m.	R. Schiros	\$6	
26667	Apple Group Assistance - Group 1	Th	11/21	1 to 2 p.m.	R. Schiros	\$6	
26668	Apple Group Assistance - Group 2	Th	11/21	2 to 3 p.m.	R. Schiros	\$6	
26282	Chair Exercise	Th	11/7-12/19	9:30-10:30	H. Lin	\$30	11/28
26283	Chair Yoga	Tu	11/5-12/17	1:45-2:30 p.m.	J. Pagadipaala	\$56	
26600	Chinese Brush Painting	M	11/4-12/23	10 a.m.-12 p.m.	M. Lee	\$63	11/11
26284	CSC Wednesday Jam	W	11/6-12/18	3-4:30 p.m.	J. Cunningham	\$16	
26285	Dancercise	F	11/8-12/20	1:45-3:15 p.m.	G. Tsun	\$14	11/29
26601	ESL - Basics	W	TBD	10:30-11:30 a.m.	J. Zhang		
26602	ESL - Beginner	Th	TBD	10:30-11:30 a.m.	J. Zhang		
26603	ESL - Intermediate Conversation	Th	11/7-12/19	11:30 a.m.-1 p.m.	J. Andrushko	\$14	11/28
26286	Feldenkrais Method	Tu	11/5-12/17	10:30-11:30 a.m.	M. Westlaken	\$56	
26287	HarmoniKatz	Tu	11/5-12/17	2:30-4 p.m.	D. Ng	\$16	
26288	Hula - Beginning	M	11/4-12/23	noon-12:45 p.m.	P. A Gregory	\$8	11/11
26289	Hula - Performance Group	M	11/4-12/23	1-2 p.m.	J.Pereria-Anderson	\$11	11/11
26598	International Standard and Latin Dance - Beginner	Th	11/7-12/19	1-2 p.m.	K. Mao	\$9	11/28

CLASSES

November (Continued)

Class registration for November begins on Monday, October 28 at 8 a.m.

Activity Number	Class	Day	Dates	Time	Instructor	Mem. Fee	No Class
26290	International Standard and Latin Dance - Intermediate	Th	11/7-12/19	2:15-4:15 p.m.	K. Mao	\$18	11/28
26395	iPhone Beginning	Tu	11/5-12/17	1 to 3 p.m.	R. Schiros	\$40	
26292	Lap Steel Guitar	Tu	11/5, 11/19, 12/3, 12/17	noon-1 p.m.	L. Fujimoto	\$6	
26293	Line Dance - Basics	Th	11/7-12/19	9:30-10:30 a.m.	L. Hsu	\$45	11/28
26294	Line Dance - Beginner	Th	11/7-12/19	10:35-11:50 a.m.	L. Hsu	\$45	11/28
26599	Line Dance - High Beginner	F	11/8-12/20	11:45 a.m.-1 p.m.	L.Hsu	\$38	11/22, 11/29
26295	Line Dance - Improver / Intermediate	Tu	11/5-12/17	10:15-11:45 a.m.	K. Chang	\$53	
26296	Line Dance - Intermediate+	M	11/4-12/23	10-11:45 a.m.	K. Chang	\$63	11/11
26297	Line Dance - Intermediate/Advanced	W	11/6-12/18	10:15 a.m.-noon	K. Chang	\$54	11/13
26298	Painting and Drawing at all Levels	W	11/6-12/18	8:45-11:45 a.m.	J.Chin, L. Hwang	\$32	
26645	PC and Apple Assistance in Mandarin	Th	11/7	10 to 11 a.m.	L. Su	\$6	
26646	PC and Apple Assistance in Mandarin	Th	11/7	11 to noon	L. Su	\$6	
26647	PC and Apple Assistance in Mandarin	Th	11/21	10 to 11 a.m.	L. Su	\$6	
26648	PC and Apple Assistance in Mandarin	Th	11/21	11 to noon	L. Su	\$6	
26299	Beginning Chen Style Tai Chi	Tu	11/5-12/17	9-10 a.m.	D. Aspinwall	\$11	
26701	Rhythmaires	F	11/1-12/13	9:30 to 11:30 a.m.	K. Miller	\$18	11/29
26300	Tai Chi - Beginner Level 1	Tu	TBD	3-3:45 p.m.	K. Chung		
26765	Tai Chi - Beginner Level 2	Tu	TBD	4-4:45 p.m.	K. Chung		
26301	The Dream of the Red Chamber	F	11/8-12/20	10-11 a.m.	L. Hwang	\$9	11/29
25635	Tech Troubleshooting	W	11/6	2 to 2:30 p.m.	Recreation Staff	\$3	
25636	Tech Troubleshooting	W	11/6	2:30 to 3 p.m.	Recreation Staff	\$3	
25637	Tech Troubleshooting	W	11/6	3 to 3:30 p.m.	Recreation Staff	\$3	
25638	Tech Troubleshooting	W	11/6	3:30 to 4 p.m.	Recreation Staff	\$3	
26302	Ukulele - Beginning	Tu	11/5-12/17	1-2 p.m.	D. Ng	\$14	
26303	Walk with Ease	M, W, F	11/6-12/13	10-11 a.m.	Recreation Staff	Free	11/11, 11/29
26304	Yoga Foundations	W	11/6-12/18	8:30-9:45 a.m.	R. Narayanan	\$81	
26305	Yuan Chih Dance	F	11/8-12/20	10-11:30 a.m.	A.Fung	\$14	11/29
26306	Zumba - Level 1 (in-person)	Tu	11/5-12/17	12:30-1:30 p.m.	H. Lin	\$56	
26307	Zumba Gold (virtual)	W	11/6-12/18	10-11 a.m.	G. DuVal	\$56	

December

Class registration for December begins on Monday, October 28 at 8 a.m.

Activity Number	Class	Day	Dates	Time	Instructor	Mem. Fee	No Class
26626	Apple Assistance	M	12/2	1 to 2 p.m.	B. Carpenter	\$7	
26627	Apple Assistance	M	12/2	2 to 3 p.m.	B. Carpenter	\$7	
26628	Apple Assistance	M	12/2	3 to 4 p.m.	B. Carpenter	\$7	
26629	Apple Assistance	M	12/9	1 to 2 p.m.	B. Carpenter	\$7	

CLASSES

26630	Apple Assistance	M	12/9	2 to 3 p.m.	B. Carpenter	\$7
26631	Apple Assistance	M	12/9	3 to 4 p.m.	B. Carpenter	\$7
26671	Apple Group Assistance - Group 1	Th	12/5	1 to 2 p.m.	R. Schiros	\$6
26672	Apple Group Assistance - Group 2	Th	12/5	2 to 3 p.m.	R. Schiros	\$6
26673	Apple Group Assistance - Group 1	Th	12/12	1 to 2 p.m.	R. Schiros	\$6
26674	Apple Group Assistance - Group 2	Th	12/12	2 to 3 p.m.	R. Schiros	\$6
26675	Apple Group Assistance - Group 1	Th	12/19	1 to 2 p.m.	R. Schiros	\$6
26676	Apple Group Assistance - Group 2	Th	12/19	2 to 3 p.m.	R. Schiros	\$6
26649	PC and Apple Assistance in Mandarin	Th	12/5	10 to 11 a.m.	L. Su	\$6
26650	PC and Apple Assistance in Mandarin	Th	12/5	11 to noon	L. Su	\$6
26684	PC and Apple Assistance in Mandarin	Th	12/19	10 to 11 a.m.	L. Su	\$6
26685	PC and Apple Assistance in Mandarin	Th	12/19	11 to noon	L. Su	\$6
25639	Tech Troubleshooting	W	12/4	2 to 2:30 p.m.	Recreation Staff	\$3
25640	Tech Troubleshooting	W	12/4	2:30 to 3 p.m.	Recreation Staff	\$3
25641	Tech Troubleshooting	W	12/4	3 to 3:30 p.m.	Recreation Staff	\$3
25642	Tech Troubleshooting	W	12/4	3:30 to 4 p.m.	Recreation Staff	\$3

MONTHLY MOVIES

Free for members

Lemonade and popcorn provided.

Minari (PG-13, 2020)

Wednesday, September 25
1:30 p.m.

A Korean American family moves to an Arkansas farm in search of its own American dream. Amidst the challenges of this new life in the strange and rugged Ozarks, they discover the undeniable resilience of family and what really makes a home.

**Past Lives** (PG-13, 2023)

Wednesday, November 27
1:30 p.m.

Nora and Hae Sung, two deeply connected childhood friends, are wrest apart after Nora's family emigrates from South Korea. Decades later, they are reunited for one fateful week as they confront destiny, love and the choices that make a life.

**Knives Out** (PG-13, 2019)

Wednesday, October 16
1:30 p.m.

The circumstances surrounding the death of crime novelist Harlan Thrombey are mysterious, but there's one thing that renowned Detective Benoit Blanc knows for sure- everyone in the wildly dysfunctional Thrombey family is a suspect. Now, Blanc must sift through a web of lies and red herrings to uncover the truth.

**Love Actually** (R, 2003)

Wednesday, December 18
1:30 p.m.

Nine intertwined stories examine the complexities of the one emotion that connects us all: love.



LECTURES AND WORKSHOPS

September and October registration opens on Monday, August 26
November and December registration opens on Monday, October 28



For additional information regarding lectures, call the
Cupertino Senior Center front desk at (408) 777-3150.



ChatGPT Workshop

Tuesday, August 20
Wednesday, [October 16](#) and [December 4](#)
9:30 to 11:30 a.m.

Learn what ChatGPT is and how you may use its features.

Oral Health 101

Tuesday, August 27
2 to 2:45 p.m.

Join us as the Santa Clara County Department of Public Health dives into Oral Health. Topics include Oral health across the lifespan, homecare products and resources, and more!

Creativebug Workshop

Wednesday, August 28, 10 to 11 a.m.

Learn how to enjoy unlimited access to over 1,000 online art and craft classes, plus patterns, templates, and recipes. Topics include art and design, sewing, quilting, paper, knitting, crochet, food and home jewelry, holiday and party, and classes for kids. Classes never expire so you can start and stop projects at your own pace.

Photo Offloading Workshop

Wednesday, [September 18](#)
and [November 6](#)
10 to 11 a.m.

Learn how to take your photos off your phone and onto your computer, laptop, or cloud drive.

NEW! Hoopla Workshop

Wednesday, September 25, 10 to 11 a.m.

Download or stream eBooks, eAudiobooks, digital comics, music, movies, and TV series! Access in a browser or mobile app. Hoopla syncs across all your devices, and most titles can also be downloaded to your phone or tablet. Borrow up to 10 titles a month, with no waitlists.

Flipster Workshop

Wednesday, October 30, 10 to 11 a.m.
Enjoy reading magazines and want them for free? Come learn about Flipster and how you can receive access to read Consumer Reports, People, Time, Sports Illustrated, Entertainment Weekly, Entrepreneur, Zoobooks, Ranger Rick, and more magazines to enjoy online. Read magazines in a browser or download to your mobile device.

Age Well, Drive Smart

Wednesday, November 6, 9 a.m.
The CHP presents topics such as myths about older drivers, compensating for age-related changes, safe driving, and more. Receive a certificate upon completion.

Novelist Workshop

Wednesday, November 20, 10 to 11 a.m.
Looking for new books to read? Join in this virtual webinar to discover how you can find new fiction and non-fiction titles to enjoy, lists of award winners, read-a-likes, book club discussion guides, and much more with the Santa Clara County Library. Novelist analyzes titles, authors, series, and audiobooks to give the best recommendations on books that interest you.

Kanopy Workshop

Wednesday, December 11, 10 to 11 a.m.
Enjoy watching movies and have a Santa Clara County Library Card? Learn about how you may stream movies on your tv, smart phone, tablet, desktop, or laptop for free. Kanopy's collection includes critically acclaimed movies, documentaries, foreign films, classic cinema, independent films, educational videos and more. Have access to one of the largest film collections for instant entertainment at your fingertips.

PRESENTATIONS

2024 Election Information

Tuesday, September 24
2 to 3 p.m.

A speaker from the Registrar of Voters Office will provide a presentation on the upcoming election including need to know dates for voters. The presentation and materials provided will also provide information on the county's voting model.

This is a great opportunity to learn about the upcoming election, ways to vote, and ask any questions you might have.



Extended Trips Coming in 2025

Collette Travel is offering extended trips beginning in 2025. To learn more about upcoming 2025 and 2026 trips, attend a presentation hosted by Collette.

Presentation:

Wednesday, September 11, 2:30 p.m.

Registration:

Wednesday, September 25, 11 a.m.



FACILITY CLOSURES

Cupertino Senior Center will be closed on:

- **Monday, September 2** (*Labor Day*)
- **Monday, November 11** (*Veterans Day*)
- **Thursday, November 28 to Friday, November 29** (*Thanksgiving*)
- **Monday, December 23 to Wednesday, January 1.** (*Winter Closure*)

VOLUNTEER CORNER

**VOLUNTEERS
NEEDED!**

Learn more about volunteer opportunities at the Cupertino Senior Center at a volunteer orientation meeting. Contact the front desk at **(408) 777-3150** for dates of upcoming volunteer orientations.

Class Instructors

Have expert knowledge on a specific subject or exercise? Become a volunteer instructor to share your skill set and engage others of similar interest. We are seeking instructors for ESL, Qi Gong, US History, Mandarin, Japanese, meditation, bridge, chess, PC, and more.

Kitchen Crew

Are you the chef in the kitchen or enjoy cooking? Join a fun group and to help prepare and cook delicious meals for our monthly lunches and special events.



Interested in volunteering or helping out with the activities above? Contact Amanda at amandah@cupertino.gov or call **(408) 777-3374**. You must be onboarded as a volunteer before helping with volunteer programs.

SHARE DISCOVERY THROUGH TRAVEL

Trip registration begins:

August to November Trips - Open

December Registration starts Monday, August 12 for members and Monday, August 19 for non-members.

Please arrive 30 minutes prior to the departure time.

Venturing in Historic Morgan Hill and the Pumpkin Patch

Wednesday, October 2, 9 a.m. to 4:30 p.m.

Morgan Hill is a hidden treasure full of rich history and agriculture. Begin your morning glimpsing back-in-time at the Villa Mira Monte property. This docent-led tour will include the scenic Centennial History Trail featuring 100 post markers of significant historic events in Morgan Hill and the United States, the Hiram Morgan Hill House built in the 1880's, and the Action House which is the museum enriched with artifacts, maps, and photos of memorabilia of the past.

Following your morning, enjoy the up and coming vibe of Downtown Morgan Hill for your no-host dining pleasure ranging from quaint cafes to trending eateries. For the afternoon, you will explore the "Favorite Patch" at Spina Farms in search of your favorite pumpkin to take home for the harvest season. Included will be the opportunity to go on a hay ride around the farm!

Member Cost: \$84 – includes Private docent-led tour, Admission to Spina Farms plus a small pumpkin, Hay ride, Transportation, Tips, and Travel Staff.

Activity Level: High; Walking and standing for long periods of time. Farm area may have uneven ground.



Wonderful Watsonville

Wednesday, October 30, 8:30 a.m. to 5 p.m.

Fall is a special time to soak up the refreshing country atmosphere in this beautiful Pajaro Valley town. Start your day with a visit to the award-winning S. Martinelli and Company factory store and museum where you will sup and enjoy a variety of ciders and sparkling juices while learn about the history of the company that has operated out of the area since 1868. After quenching your thirst, you will visit Annieglass, home to gorgeous glassware designed by artist Annie Morhauser for a guided tour of their production studio which includes viewing skilled artisans at work, learning about the craftsmanship and inspiration behind Annie's designs, and browse through unique creations at their gift store.

Recharge over a delicious lunch at Jalisco's, a lively family-owned restaurant on historic Main Street in Watsonville. Save room for dessert as you finish at Gizdich Ranch for a slice of fresh pie and a docent talk sharing the rich history of this fourth-generation, family owned ranch while experiencing the beauty of the season among the apple orchards and pumpkins. You will get to visit the barn, on-site antique store, and gift store to bring home some of the homemade jams, jellies, pies, and other goodies made at the ranch.

Member Cost: \$128 – includes 3 docent lead tours, Martinelli's tasting, Pie tasting, Lunch, Transportation, Tips, and Travel Staff.

Activity Level: Moderate; Walking at your own pace with some unpaved areas.





Discover Danville and "The Spirit of the Old West" at Blackhawk

Thursday, November 7, 8 a.m. to 5 p.m.

Journey back-in-time with inspiring stories woven in the tapestry of the "Sprit of the Old West" gallery to learn about living in the American West. Take a private docent-led tour of this impressive exhibit and the renowned Blackhawk Museum. After the tour, you will have time to see the other dynamically feature exhibits such as "Into China", "Art of Africa," and the popular "Classic Car Collection." This Smithsonian affiliate offers a unique opportunity to engage in the history, art, and cultures in these impressive showcased galleries.

Blackhawk Plaza is a welcoming gathering place for your no host lunch pleasure. The Plaza combines a village-style Mediterranean architecture with an aquatic landscaped interior. There are several dining options for you to choose from ranging from delicious burgers, tasty pizzas, to delicious sushi, and savory Mexican dishes.

Your final stop will be a self-guided visit at The Village Theatre and Art Gallery located in the historic downtown area of Danville. Discover interesting facts about this town and featured are when perusing this venue before your return home.

Member Cost: \$90 – includes Private docent-led tour, Transportation, Tips, and Travel Staff

Activity Level: Moderate; Walking and standing throughout the day.

Grace Cathedral and Ghirardelli Square

Thursday, November 14, 8:45 a.m. to 5 p.m.

Experience the wonder of Grace Cathedral on a private tour of this Gothic cathedral famed for its architecture, labyrinths, Ghiberti doors, Interfaith Chapel, art, and panoramic vistas. Your tour will share the church's history, art, religion, architecture, social justice initiatives, and its place in San Francisco history.

Next you will travel over to the Hard Rock Café at Pier 39 to delight in an included lunch. Afterwards, you will visit Ghirardelli Square with free time to explore this Bay Area landmark. The newly opened Ghirardelli Chocolate Experience will be an addition to check out as it features all the classic chocolate offerings.

Member Cost: \$129 – includes Private guided tour, Lunch, Transportation, Tips, and Travel Staff.

Activity Level: High; Walking at your own pace with some stairs at Ghirardelli Square.

Duarte Poinsettias and the Famous "The Fruit Yard"

Wednesday, December 4, 7:45 a.m. to 4:30 p.m.

Back by popular demand, Duarte Poinsettias is opening its greenhouse for the holiday season! Take private tour of their amazing poinsettias, explore their vibrant nursery, and shop for festive plants and more. The excitement continues as you visit The Fruit Yard, and award-winning facility nestled on 90 acres of fruit orchards in Stanislaus County for a scrumptious lunch. Browse and shop at your leisure for fresh fruits, vegetables, wines, delicious baked goods, and more!

Member Cost: \$117 – includes Private docent-led tour, Lunch, Transportation, Tips, and Travel Staff

Activity Level: Moderate; Walking and standing throughout the day. Some areas of Duarte may be have uneven ground.

We're Still Planning!

We are working to add more trips to our schedule for December, January, and February.

Sign up for the Senior Center's monthly eNewsletter at bit.ly/50scene for information on future trips.

RESOURCES FOR SENIORS

To schedule an appointment, call the front desk at (408) 777-3150.

Caregiver Network Counseling

Monday, 1 to 4 p.m.

September 9, October 7,
November 4, and December 2

The Caregivers Network provides friend or family caregivers free support for their unique situations. A Care Manager will be available for one-hour in-person appointments to provide resources and information for caregivers to support loved one.

Caregiver Support Group

Tuesday, 1 to 2:30 p.m.

September 17, October 15,
November 19, and December 17

Caregiving is tough and you do not have to do it alone. Join other friend and family caregivers to learn about resources, share experiences, and enjoy a social outlet. Lead by the Caregiver Network of Sourcewise, a Santa Clara County resource agency for seniors, the group is for caregivers of adults 60 and older or someone of any age with a dementia type disease (Huntington's, early onset Alzheimer's traumatic brain injury, etc.).

Health Insurance Counseling (HICAP)

Monday, 1 to 4 p.m.

September 9, September 23, October 14,
October 28, November 25, and December 2

Find out what your options are with Medicare and what will work best for you. The Health Insurance Counseling and Advocacy Program will help you fully understand your Medicare options to be better informed to make the right choices.

Senior Adult Legal Aid (SALA)

Friday, 10 a.m. to noon

September 20, October 18,
November 15, and December 20

Free assistance to elders for basic legal matters in public benefits, long-term care, elder abuse, housing, consumer issues, incapacity planning probate alternative, and simple wills. Must be 60 or older and live in Santa Clara County. If unable to meet in person, call (408) 295-5991.

SALA(長者法律諮詢) 為居住在聖他克拉拉縣(Santa Clara County) 60 歲或以上的長者提供基本的法律援助。中文翻譯可預約。

Resource Referral Website

Please visit cupertino.gov/seniorresources to view contact information for resources, such as nutrition, transportation, counseling, elder abuse, and more.



Silicon Valley Hopper

Use Silicon Valley Hopper for destinations such as the grocery store, local eateries, post office, and more. Silicon Valley Hopper also takes Cupertino residents to medical appointments at Kaiser Santa Clara and Sutter Health West Valley Center. Discounted fares for seniors are \$1.75 per trip. To book download the SV Hopper app or call:

(669) 201-1892 | cupertino.gov/shuttle



211

Receive free, non-emergency community, health, and disaster information in Santa Clara County. 211 is confidential and available in over 170 languages. 24 hours a day, 7 days a week.

Dial 2-1-1 | 211bayarea.org



Sourcewise

Sourcewise offers resource information on a variety of topics including housing, nutrition, health insurance, transportation, and more. Sourcewise strives to educate, prepare, and support caregivers within Santa Clara County.

(408) 350-3200 | mysourcewise.com

50+ Birthday Bash!

Doors open at noon

**September and October registration opens Monday, August 26.
November and December registration opens Monday, October 28.**

Please state vegetarian option when registering.

September Birthday Bash

Wednesday, September 11

Join for this camp-themed luncheon that includes BBQ ribs, coleslaw, cornbread, and dessert. September birthdays will be honored.

Member \$12, Non-member \$17

Oktoberfest Birthday Bash

Wednesday, October 9

Dive into the annual European tradition Oktoberfest with a Northern German meal of bratwurst, sauerkraut, Bavarian mixed salad, and Black Forest cake. October birthdays will be honored.

Member \$12, Non-member \$17

Thanksgiving Lunch and November Birthday Bash

Wednesday, November 20

Enjoy a Thanksgiving feast with roasted turkey, mashed potatoes, gravy, dressing, savory green beans, and pumpkin pie for dessert. The Rhythmaires Band will help us celebrate the holiday with delightful music. Members with November birthdays will be honored.

Member \$15, Non-member \$20

Holiday and December Birthday Bash

Wednesday, December 11

Put on your best holiday attire and jump into the season with jolly entertainment and holiday meal. This home-style holiday meal includes tri-tip, scalloped potatoes, sweet ginger carrots, holiday salad, and New York cheesecake. December birthdays will be honored.

Member \$15, Non-member \$20

***Note:** If a lunch is full, please ask the front desk to add your name to the waitlist. When cancellations occur, we will fill from the waitlist in the order that names are taken. No money is required to be put on the waitlist.*



To register, call (408) 777-3150, visit the Senior Center in-person, or [Click Here](#).